

Pontoleon last Saturday afternoon, relative to the mine which had been threatened.

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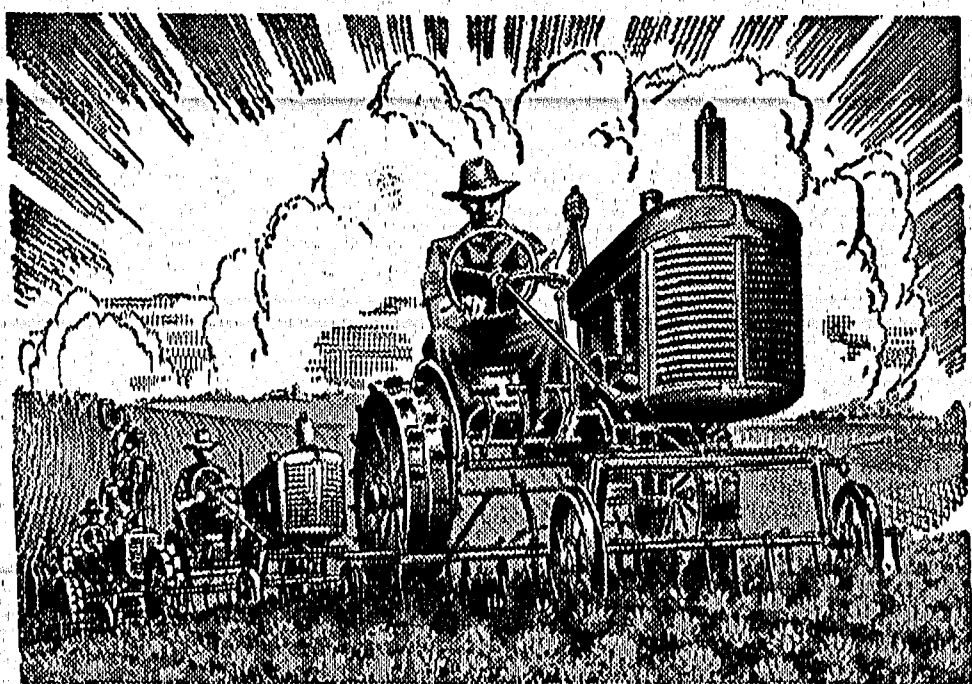
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MR. FARMER, 1943 gives you the biggest order that Canada has ever placed with you for Food and Farm Products . . . a War Winning order that must be filled. "Food for Freedom" is your battle cry, to match the orders of our fighting men. Good prices are assured and the Farmer who increases production now will reap the reward for himself and for Canada.

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Builders' Supplies, Paints, Plaster, Appliances, Plumbing and Sanitary
Heating Pumps and Dairy Equipment

Store Phone 55

Timothy's Shop 520



Round-up of Winter Sports



Army Semi Finals Open; First Game to Infantry

Close, Fast Game Goes Into Overtime;
1,435 Khaki-Clad Fans Storm Arena

Vernon's hockey fans missed a super-stirring hockey clash in the Vernon Civic Arena on Monday night, at 8:00 p.m., when the two prairie clubs in the Vernon Military intermediate loop, the Light Infantry and Volunteers, clashed in the opening game of the semi-finals. Both clubs took to the ice with immeasurable determination to win; the play remained at a whirlwind speed, and a few over-zealous moments kept the crowd of 1,435 khaki-clad fans in an uproarious state until the last whistle. Adding to the excitement was the close score that swayed back and forth, and finally ended in a 5-5 deadlock at the conclusion of the third chapter. The tiring pace began to show in the overtime, but the sturdy Light Infantry club stormed through the faltering Volunteers for three timely counters, giving them an 8-5 win.

The majority of predictions before the game were in favor of the Volunteers, and this was not doubted at intermission time before the second period, as they were holding a 2-0 edge. Light Infantry held the majority of play in this period, however, and came close to scoring a number of times, especially when big Jim Logue, of Volunteers, was serving a penalty.

Jacobsen Scored First Goal

With Light Infantry's star defenseman, Sutherland and Cunningham in the sin bin, Volunteers went to work, but failed to net. But at the 10-minute mark, with both teams at full strength, the Volunteers speedily forwards, Lefty Logue and Cliff Jacobsen, went to work. Logue made a smart forward pass to Jacobsen, who cut in on the goal with Lightfoot on his heels and opened the scoring. Seven minutes later Logue and Jacobsen broke away with only Harry Lemoine to beat. Logue taking Jacobsen's pass and placed the rubber in the bottom corner.

In the early stages of the second canto—the concrete arena fairly shook as the Light Infantry swarmed in on the Volunteers and socked home three goals in a space of one minute. Silver headed Stan Fridfinnson scored the first one after Joe Wilford drove the rubber at Kiszkan. Cagoy Joe Wilford netted the second goal on a pass from Lavitt, and Fridfinnson counted again on a burning shot from right angles after taking Wilford's pass in the corner.

With three minutes remaining, Cunningham and Badger worked in on Kiszkan, Cunningham scoring on Badger's rebound. Hughie Sutherland retired from the game in this period, with an injured leg, leaving only Cunningham and Lemoine to play defense.

At one minute mark in the third, Volunteers centre player, Joe Gruber, tied the score on a drive from the blue line that rebounded off the boards past Inglis' skate. Infantry's stubby winger, Joey Lavitt scored the smartest goal of the evening when he took Fridfinnson's pass, fooled Kiszkan into a helpless position, and placed the rubber in the net. Cliff Jacobsen scored the Vol-

unteers' fourth goal when he drove a hard shot from the blue line, the puck rebounding off a player and bouncing into the top corner. With only three minutes to go, Jim Logue illegally checked Fridfinnson when he was in the clear, and Light Infantry was awarded a major penalty shot. Wilford missed the chance, and Logue came right back to knot the score on a beautiful solo effort.

Centre star, Blink Moffat, scored the first goal in the overtime, on a pass from Jim Lightfoot, followed by a goal off the stick of Infantry's top scorer, Joe Wilford, on a pass from Harry Lemoine. With two minutes remaining in the final five-minute overtime period, Stan Fridfinnson took Joe Wilford's pass to give Infantry a 8-5 win.

Kiszkan Plays with Cut Lip

Volunteer's goal tender, Johnny Kiszkan played the game with a large plaster over his upper lip, which resulted from being hit in the warm-up. He was his usual starry self, but the rubber was coming just too thick and fast.

Many expressions of opinion were heard after the game, to the effect that the Training Centre will not have a chance against either of the prairie teams when they take the semi-finals. But it must be remembered that they didn't get on the top of the league through luck. There was only one dissatisfied after the Monday night, and that was the noticeable absence of civilian hockey fans. After peering at the names on the line-ups of the three top teams, it cannot be denied that the army boys are definitely worth watching.

City Curlers Plan For 48th Bouspiel

The Vernon Curling Club, which to date has a complete membership, is eagerly awaiting a trip to Nelson in the second week of February, where the 48th Annual Bouspiel of the B.C. Curling Association will be held. The dates set for the big games are from February 8 to 13, and 10 sheets of ice will be played on, with 11 competitions open to all curling clubs in this province.

This will be 48 consecutive seasons that the B.C. Association has held the bouspiel which is the biggest affair of its kind to be held in this province. From 65 to 80 rinks will be playing in the competitions, and the B.C. Playdowns British Consols Trophy will be the aim of each club, as the trophy is emblematic of B.C. championship. The bouspiel might well be called the "parent" of B.C. curling. It is a district affair, as the centre of the games rotates between Kimberley, Nelson, Trail, and Rossland each year.

Three Vernon rinks are expected to travel to the Kootenay centre to participate, while one or two rinks from Kelowna are understood to be planning for the trip.

To date the local curling club has laid two sheets of ice in the curling building, and another sheet is nearing readiness.

On Tuesday evening weather conditions were such that club members were able to stage the first practice of the season.

Armstrong Curlers Elect Executive

Harvey Brown, Prexy;
Building Clear of Debt;
Members Solicited

ARMSTRONG, B.C., Jan. 11.—Harvey Brown was re-elected President of the Curling Association at a recent meeting held in the curling rink, with P. R. Bawlinheimer, Vice-President and R. M. Ecclestone, Secretary-Treasurer.

In the financial report, presented by R. M. Ecclestone, the building is now clear of debt, all accounts paid and by arrangement with the City Council, the tax arrears had been fully discharged.

Those named on a membership committee to canvass for new members, the ladies to effect their own organization, were, J. D. Shepherd, P. R. Bawlinheimer and Stanley Cary. Fees for men for 1943 were set at \$5 and for ladies, \$2.

The Armstrong Salvage Committee, after eighteen months' operation, report the proceeds of three cars of iron, one car of rubber and small quantities of other metals. The sum of \$1,822.48 had been received. Of this sum \$801.06 had been expended as donations and to patriotic charities. This with other expenses amounted to \$1,406.44, leaving a balance on hand of \$416.04.

Postponement of Encounter With Coast Pucksters

Postponements are dreadful things, especially when they affect a hockey clash between a senior army squad from the Coast and Light Infantry pucksters from the Vernon Military intermediate puck loop. But the fact has to be faced, since the army league play-offs here have been scheduled for this month, with the Light Infantry boys playing in the semi-finals. Col. H. F. Cotton left for the Coast on Saturday, and while he is there he will arrange a more suitable date.

In other words, the postponement is only temporary.

Heights of the "Star" Hold Thrill for Skiers

It is gradually being felt throughout the district this season, that the thrilling sport of skiing, plank pushing, or whatever it may be called, is becoming more popular as the months of snow progress.

Last Saturday, three officers from the Battle Drill School could have been seen skimming over the silver landscapes on Silver Star. Lieut. Gordon Sellar, Lieut. Harley Koely and Lieut. Jerry Clerk were the three sportsmen, who this week reported the snow conditions as perfect up there.

And "up there" is right, as they trudged their way up through a dense cloud bank until they finally emerged into a glowing paradise where the sun was shining in an alpine-blue sky, giving off a silver reflection on the pure white snow. "It was wonderful" was the expression used by the officers, for whom, by the way, it was their first trip up to the popular skiing grounds.

The three young men are all Eastern lads with plenty of skiing experience to their credit before landing in this district. Lieut. Clerk is a Montreal lad who has skinned over the daring slopes of the Laurentian Mountains. Lieut. Sellar, a Calgary protégé, has skied his skis many a time at Banff, and occasionally on the Laurentian slopes, while Lieut. Koely is from Toronto and can boast of many skiing feats.

Jim Logue Leads Army Hockey League Scoring

Volunteers' 230 pound defense star, Jim Logue, who told the press on Monday night that he was only 19 years of age, has been acclaimed the league's leading scorer and had man. Jim's brother, Lefty Logue, holds second place in scoring, being only one point short of his brother.

The following information was compiled from official press score sheets of The Vernon News and "Rookie."

Players	Goals	Assists	Points
Jim Logue, Volunteers	10	8	18
Lefty Logue, Volunteers	9	8	17
Stan Smith, Training Centre	7	8	15
Cliff Jacobsen, Volunteers	10	4	14
Jim Lightfoot, Light Infantry	9	4	13
Joe Wilford, Light Infantry	9	2	11
John Hunter, Training Centre	6	4	10
Bill Krall, Engineers	6	4	10
John Litvenuk, Engineers	8	1	9
Joe Wilford, Light Infantry	8	0	8
Roger Middlemiss, Volunteers	3	4	7
Doug Woodside, Training Centre	3	3	6
Stan Fridfinnson, Light Infantry	3	3	6
Harry Badger, Light Infantry	3	2	5
Alec Cunningham, Light Infantry	1	4	5
Delphis Girouard, Fusiliers	4	0	4
Hughie Sutherland, Light Infantry	2	2	4

Jim Logue served 16 minutes in the penalty box, while Training Centre defenseman, Carl Locatelli served 15 minutes, Alec Cunningham, of Light Infantry, 14 minutes, and Jim Lightfoot, Light Infantry forward, served 13 minutes.

Kelowna "Reds" Take Trouncing From Tng. Centre

Kelowna "Reds", Intermediate A. basketball squad took another trouncing by the Training Centre hoopers last Saturday night, when the army boys collected a 35-30 win in the Orchard City's gym.

To date Training Centre profess to have the strongest line-up, since they were first organized. Their Coach and Manager, Lieut. L. S. Benn, is dicker for a game with an army squad stationed at the Coast. New to the line-up, Maurice Butler played his first game with the Training Centre on Saturday evening. Maurice is a six foot chap who hails from Victoria, where he stripped with the West Road Senior B. Squad. Maurice will fit in well with other Training Centre smoothies, Red Ryan, Nick Turk, Bus Barnett, Bob Stevens, Speed Strachan, Terry O'Brien, Carl Locatelli, and Hunk Henderson. With Morris, five of the Centre boys now tower over six feet.

Terry O'Brien was the Centre's chief sniper in the Kelowna encounter. At the half time army were holding a 16-15 edge with only four minutes remaining in the final quarter, Kelowna had taken a one point lead. Butler showed

his qualifications at this time by putting the army one point in the lead, while O'Brien and Barnett sealed the game.

This coming Saturday night, the Training Centre will take to the floor against an Air Force squad in Kamloops. Playing the preliminary will be Nick's Aces, Vernon's smooth working youngsters, against the Senior B. Reps in the main line city.

Russian War Relief Committee

Chairman: G. Alers Hankey
Vice Chairman, Vernon: Dr. H. L. Coursier
Vice Chairman, Canadian Ukrainian Group: W. Sokolow

Secretary: R. W. Ley Treasurer: Gordon Fox

Publicity Committee: Appeal & Special Event Committee

Mayor A. C. Wilde
D. G. Skinner
Roy Robichaud
Len McMullen
Walter Bennett
W. Sokolow
Len McMullen
Mike Mohoruk

School Contact: Church Contact

J. B. Beddome
C. Fulton
J. Prior
Rev. Lett
Oyama

This Committee welcomes and desires co-operation and contributions from all organizations and individuals, in this drive for funds to help in their distress a worthy and gallant Ally.

Contributions can be mailed or brought into any one of the three Vernon banks, The Bank of Montreal, Canadian Bank of Commerce or the Royal Bank of Canada, and official receipts will be forwarded by the Treasurer.

**THE TIME IS SHORT—Ends Jan. 29th
THE CAUSE IS WORTHY**

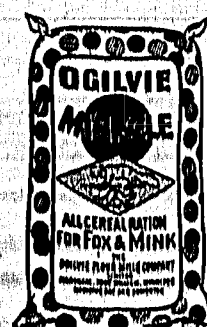
Send in your contribution today and urge others to do the same.

LEST WE FORGET

CHINESE WAR RELIEF

Vernon Committee Objective
\$200.00 MONTHLY TO CHINA

Leave donations in Box at City Hall or at office of National Hotel, Vernon, B.C.



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Poultry - Hogs - Dairy
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FLOUR - FEEDS - FUELS
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At Once!

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VERNON BRANCH OF

A.R.P.

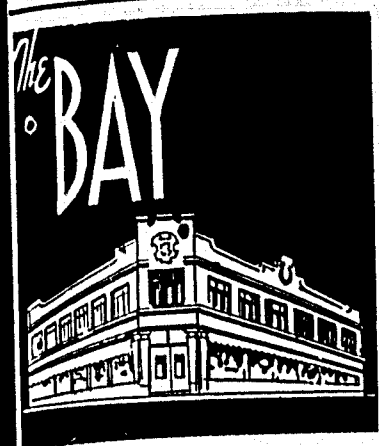
All auxiliary firemen will be trained under the supervision of the regular Fire Department, using Vernon's up to date Fire Apparatus.

For further particulars Phone 210 or call at the Fire Dept. Headquarters.

Vernon Cribbage Scores

For Week Ending Jan. 9

The following are the cribbage scores for the week ending January 9, 1943: Allies, 26,401; Pirmont, 26,272; Mon's Club, 26,231; Sorgh, W.L.L., 26,187; Scottish Daughters, 26,168; Sorgh, 110, 27,098; Legion, 27,019; W.C.F., 27,000; Independence, 27,002; Conundrum, 27,078; Women's Institute, 27,017; Robocon, 27,400.



January Specials In Every Department

SCOOP!

4000 PAIR

Bemberg Hose



66c

PAIR

2 Pair
for

1.29

Sizes 8½ to 10½

Lovely, full fashioned rayon hose. Sheer chiffon or semi-service weight. Reinforced heels and toes. Substandards of a higher price line. All new shades of Glorious, Blushblond, Fandango, Coral Blush and Tropic Rose.

SEE WINDOW DISPLAY.

Phone 274—Hosiery Department—Main Floor

Ladies' Shoe Values



2.95

60 pairs style pumps and gores, assembled in one lot to sell at a price. Good variety to choose from in Blacks and Browns with dress Cuban heels. Widths A, B and C. Sizes 3 to 8.

Women's Shoes

For quick clean-up of broken sizes these have been reduced to this extraordinary low price. Mostly pump and strap styles. Black, Brown, Blue and White. No exchanges or refunds on this group.

99c

Women's Slippers

Scotch Plaid fabrics with wedge heels. Warm fleece lining. Cosy and warm.

95c

Growing Girls' Oxfords

Black and Brown leathers with saddle vamp or novelty style. Winter weight leather soles with low or walking heels. Sizes 4 to 8.

2.95

Men's Oxfords



Black or Brown leather with plain Blucher or Brogue style. Heavy winter weight leather soles. Now is the time to buy for best value and quality.

3.95

BOY'S

Boots or Oxfords

Black Kip sturdy boots or oxfords for school, best or everyday wear. Made with stout leather soles. Sizes 1 to 5½

2.95

Linoleum

Remnants ⅓ Off

Lengths up to and including 10 sq. yds. In various qualities. Suitable for covering table tops, work benches, sink drain boards, and small rooms.

Oddments

Everything on the oddment table is ½-price. Merchandise includes tinware, enamelware, pottery, odd window shades, etc.

Basement—Phone 272

Kenwood Throws

A new shipment of pure Australian lamb's wool Kenwood throws have arrived in Rose, Green, Blue, Burgundy and all White. Finished with a wide satin binding.

7.95

FUR-TRIMMED COATS for HER



Winter life on Canada's home front requires a warm coat. Choose now from this special group. Colors Black, Navy, Wine, Green and Brown. Sizes 12 to 44. Limited quantity.

January Clearance

\$59.50 for	\$49.50	\$29.50 for	\$25.00
\$49.50 for	\$39.50	\$25.00 for	\$19.95
\$39.50 for	\$29.50	\$19.95 for	\$16.95

Hats

The adjustable "Berets," "Young Pompadours," "Butterfly Calots," Tailored Hats and dressie hats all offered at an exceptionally low price. An extra hat is a "must" in every woman's wardrobe.

\$4.95 for	\$3.98
\$3.98 for	\$2.98
\$2.98 for	\$1.88

Dresses

A special group of inexpensive light-hearted prints and silks that will carry on through spring. Colorful shades with attractive trims. Size 12 to 40. Reg. \$3.98.SPECIAL



2.98

Children's Plaid Dresses

The ideal dress for school—Cotton Flannel in attractive plaid designs. Shirt waist style, trimmed in Red and Blue. Sizes 8 to 14 years. Regular \$1.98—January Clearance Sale

1.77

A BALANCED DIET TO NOURISH THAT HIDDEN HUNGER
GET YOUR SHARE OF VITAMINS
BUY "BAY" PURE FOODS

MILK	1 PINT
MEAT	1 OR MORE SERVINGS <small>Serve a wide variety of meats; serve liver once a week.</small>
EGGS	1 EGG <small>Dried beans may be substituted 3 times a week.</small>
VEGETABLES	LEAFY GREEN or YELLOW + POTATO + 1 OTHER <small>(1 medium serving of each)</small>
FRUITS	CITRUS JUICE or TOMATO JUICE + 1 OTHER FRUIT <small>(Raw, cooked or canned)</small>
BREADS AND CEREALS	WHOLE GRAIN or VITAMIN B BREAD CEREALS <small>One or more at every meal</small>
BUTTER	2 TABLESPOONS

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• Thursday—9 a.m. to 12
• Saturday—9 a.m. to 9 p.m.

See Every Department for many Specials not listed on this page.

Men's Wear 'Top-notch' Values

MEN'S SUITS

20 ONLY!—Well tailored in fine wool tweeds. Fancy weaves, men's and young men's models. Greys, Browns, and Blues. Sizes 38 to 46.

14.95

Men's Top Coats

\$22.50 and \$25.00 Values

Snappy fancy tweeds. Donegals, Herringbone weaves. Raglan styles for the smart or conservative dresser.

19.95

Men's Combinations

Medium weight, ribbed knit cotton fleeced for extra protection. Button style. Long sleeve, ankle length.

1.75



A Page of Opinion

It is the will, and not the gift that makes the giver.—LESSING.

The Vernon News

Published by
THE VERNON NEWS LIMITED
W. S. HARRIS, President

AS I
SEE IT...
By Captain Elmore Philpott

Challenge to Stay-at-Homes

TWO EVENTS OF outstanding significance and public importance, occurred in this city last week. They attracted little attention because they were known only to a few. Important because they affect not only the people of Vernon but in a larger sense the trend of events all over the world.

These happenings were the battle drill operations staged on the Coldstream Ranch, and the Canadian Ukrainian Association supper and drive for funds. They were of immediate importance only to a small group of the soldiers in training in this area, and to a fraction of the civilian population.

The events were the opposite one to another. At the Battle Drill school, civilians turned soldiers for the duration of the war, were learning to become savage killers. At the Canadian Ukrainian hall, attention was focused on the needs of survivors of battles and worse than battles, the tortured and maimed men, women and children, who escaped the German blood lust in the ravage of Russia's civil population.

Both of these events were organized, highly organized. Officers and instructors of the Canadian army had carefully laid out a knockout course in physical and mental training and civilian soldiers assembled from all over Canada, were subjected to mental and physical endurance tests as nearly as possible to what they are likely to encounter on the battle fields.

Carrying their rifles, and in small units, the men raced across a snow-covered pasture field, swarmed over a barrier, prevented a boat from being swamped, climbed into and out of a dug-out, passed through fire, crossed a gulch on a twin rope ladder, raced into the icy waters of a flowing stream, forced it—surmounting all sorts of obstacles en route, descended into a smoking fire pit, made their way up an icy running stream while live bullets whistled over head and the thunder of exploding dynamite spattered mud and debris over them. Then there were clay banks to climb, the barbed wire entanglements to surmount, all to the accompaniment of the savage taunts of instructors who commented bitterly and vividly in an effort to confuse the detail and to break down the individual's will to win through.

The drive for funds for the relief of Russia's homeless, fatherless millions had been organized on equally competent lines. A few interested Anglo-Saxon visitors had been invited and when they sat down it was to a beautifully decorated tables with a full course dinner of a home-made quality that is unsurpassed. There were dishes which the visitors had never seen before and which they found deliciously satisfying as well as chicken, salads, etc. For the satisfaction of their guests there had been a saving of ration coupons in many homes and not a delicacy was lacking which is available in any home in this city. So great was the crowd compared to the capacity of the hall that a second sitting was necessary and even then some of the executive went unfed.

Addresses followed in English and Ukrainian, inspiring and eloquent, and when the chairman said he was ready to receive donations for the Relief of Russia fund, there commenced a flowing stream of dollars, cheques and written promises to pay, that was almost beyond the power of the secretary and chairman to acknowledge and record. There was a perfect deluge of gifts that lasted about an hour. Outside the few invited guests, the contributors gave not from their plenty but from a meagre store of hard won dollars which represented real sacrifices and self-denial.

The organizers were delighted. Everybody had a part and the stream of money did not cease to flow until every individual in the building had contributed joyfully and gladly, and a feeling of profound thankfulness pervaded the assembly.

One gift is especially worthy of comment. It was made by a youthful soldier in the Canadian Army only four years out from Russia. His pledge was for \$10 monthly for the duration of the war.

These two events reflect the spirit of the Canadian people and their attitude toward the war. There is a determination to clean out the Nazis and Fascist forces, to put them to the sword as the Bible phrases it, and to alleviate the suffering, misery and poverty which results from military operations and from the beastial lusts and hates the enemy has unleashed.

Less than 200 persons, not wealthy citizens, but workers who have their way to make in this Canada of ours, contributed more than \$900 to the Relief of Russia fund. Participants in the Battle School are offering their lives. What a challenge to the rest of the people of Vernon, safe in their comfortable homes, and whose average income is many times greater than that of our New Canadians.

Enjoy Winter Sports at Arena

THE VERNON CIVIC Arena offers one of the most attractive recreational spots in the interior of this province. Citizens of Vernon and residents in the surrounding district and men of the armed forces are taking great advantage of the Arena facilities and are enjoying them to the full.

Throughout the winter there has been a series of hockey games on the artificial ice played between teams composed of soldiers and during the week they go into the Army League Semi-Finals and some extra-ordinarily good games will be witnessed.

Members of the teams have played considerable fast hockey in their civilian life and bring to their Army teams and Army games a vast experience which is productive of exceptionally good hockey. Now comes the Semi-Finals, then the Finals, and after that the Play-downs. Vernon people will take keen interest in too hockey played at the Arena in the coming weeks and the spectacles they afford will make history in this section of the interior of the Province.

The New Way

The year's at the morn,
But the morn is red;
Oh, Lord of love,
What lies ahead?
Shall this year's noon
Count its many dead,
Ere this year's Autumn
Leaves have fled.

The year's at the morn
In Britain today,
In Russia, in China,
In isles far away,
While striving to keep
The war-flends at bay,
They fight and they pray,
For a better new day.

The year's at the morn,
Oh, Lord let us work,
Let us pray, let us fight,
With never a shrirk,
Ere this summer's sun
Has faded away,
May we win the dawn
Of a better day.

Trinity Valley.

VALLEYETTE.

Excellent Provincial Library

THE PROVINCIAL Government took space in the weekly newspapers of British Columbia last week to tell of the Provincial Library service which is enjoyed by the people of this province.

For 80 years the library has been acquiring books and documents which have to do with a much wider range of study and learning than merely legal and legislative subjects. On the shelves of the Provincial Library at present there is a stock of 200,000 volumes which include many rare and efficient reference books and rare and important books in widely different fields. Scientific periodicals and transactions of learned societies, and an excellent fine arts collection.

In the library is a complete file of British Columbia newspapers kept up-to-date by subscriptions, and there is a file of The London Daily Times complete throughout the last hundred years.

As set forth in the advertisement the prime function of the Provincial Library is to provide adequate, comprehensive and up-to-date reference service for the members of the Legislature which makes the laws, and for the Administration which carries out the laws and attends to the public affairs of the Province.

The more they know about it, the greater will be the use of the Provincial Library by the serious students in this Province.

Milk Sales For Cash Only

SELDOM A WEEK passes but there is another change in the routine of our lives as we have lived for a great many years. The latest change affects that well-known man—the milk man—and Perfection Products Limited operating The Royal Dairy made an announcement to its customers last week of quite decided changes in the routine which has been followed year after year. To insure prompt and efficient milk delivery, the announcement is made that the milk truck driver will leave only milk sufficient to supply the tickets left for him to pick up. Many people who have enjoyed the service of the dairy company have been accustomed to receiving monthly accounts will, in future, have to co-operate by purchasing milk tickets for cash.

Also the butterfat content of cream must be reduced to 18 percent and this is a big change because the quality of the milk and cream delivered in Vernon for many years has been such as to attract a good deal of favorable comment by visitors to this city. Into which pocket goes the saving?

The many military customers of the dairy are reminded that tickets bought in quantity and unused will be redeemed at their full cash value.

Conscription Would Not Have Helped

FOR MANY YEARS E. J. Chambers has been known for his sane outlook on life, for his mature judgment and ability to see the other fellow's point of view. When Mr. Chambers, who has a son in a prison camp in Germany, and another in the Armed Forces, and very many relatives in the service of the King, says that "at present inequality of sacrifice is inescapable and that is the reason we should govern our criticism," and "the subject of conscription has been a disturbing element, but now I feel that it would not have helped our war effort, but more depends on how the people of Canada are entreating their efforts."

As his words indicate, Mr. Chambers appears to have changed his mind about conscription and because he is one of the best informed of Vernon citizens as well as the most widely known, this reversal of viewpoint is interesting and evokes a good deal of speculation. Though not all of us will agree with Mr. Chambers, we would like to have his views in greater detail. He holds that even with conscription there would not have been equality of sacrifice because in the discharge of their duties some will come through without physical injury and others will be maimed and killed. But surely all front-line fighters offering their bodies as a living sacrifice do present a degree of equality which is in no sense borrowed by us stay-at-homes because of preference or because of physical incapacity.

We trust that more will be heard from Mr. Chambers in regard to his statements on inequality of sacrifice.

More Losses on the Russian Front



From the VERNON NEWS FILES

Ten Years Ago—Thursday, January 12, 1933

Three Japanese vagrants, arrested in this city last November and sentenced to 30 days in jail by Magistrate Heggie, have since, as a result of investigation by the city police department in co-operation with the immigration officials, been discovered to be illegal entrants into Canada. Fire which broke out at about 9 o'clock on Sunday night, according to the Fire Department estimate, resulted in damage of roughly \$6,000 to the upper storeys of the Empress Parlors and the adjoining building owned by W. C. Pound, on Barnard Avenue. In a stirring address before members of the Rotary Club at the regular meeting Monday, H. K. Bearst, Principal of the Elementary Schools in this city, made an appeal against limiting the educational facilities of the children of today.

Twenty Years Ago—Thursday, January 11, 1923

Aaron Sapiro, the San Francisco attorney, known throughout North America as one of the most brilliant and successful organizers of co-operative marketing agencies for farm products, addressed one of the largest meetings of growers and business men that has ever been held in the city at the Court House last Thursday afternoon. Cliff Greyell is continuing with much success to receive many far away concerts with his radio. He heard Secretary of War, Weeks, of the U.S. cabinet wish England a "Merry Christmas". Secretary Weeks was speaking from Schenectady, N.Y. The work of rebuilding the C.P.R. freight shed which was badly wrecked last week when the cars crashed through it, is being rapidly pushed forward to completion.

Thirty Years Ago—Thursday, January 16, 1913

Harry Abbot returned to his B.X. ranch on Saturday from a two month trip to England. He reports a very rough trip of nine days on the ocean. The C.P.R. has decided to discontinue the north-bound boat on the lake after January 26, but the south-bound service will continue as present schedule. The train from Sicamous to Okanagan Landing will run as usual, but there will be no boat

up from Penticton on Sunday after the date mentioned, until further notice. The "Overses Club" will hold its second annual meeting on Tuesday at Mrs. Remnant's. The executive hope that every member of the branch will make an effort to be present. Officers will be elected and a musical will follow.

Forty Years Ago—Thursday, January 15, 1903

On Thursday last a strong delegation of business men, including members of the present council, waited upon Capt. A. C. Carew, and after considerable persuasion succeeded in gaining his assent to stand for mayor. In anticipation of the rush to the Kettle Valley and Monashee River lines next spring, E. L. Morand, of Lumby, is preparing to build a wayside stopping house at Pass Creek, about three miles this side of Monashee mountain. The weather for the past few weeks has been close to perfection for a winter season, and many old-timers say they have never experienced a better winter during their knowledge of the Okanagan climate, which is justly placed as "the best in Canada."

Fifty Years Ago—Thursday, January 19, 1893

William Middleton has bought 113 acres of the Earl of Aberdeen's Coldstream Ranch, part of which is range land, and William Appleton has also bought 60 acres. They propose going extensively into sheep raising, a branch of raising in which Mr. Middleton had a great amount of experience in old Scotland, although he intends still to carry on his dairying. The rink continues to be an object of tender solicitude on the part of its projectors. The climate of the Okanagan, though dry and bracing does not seem to have enough freeze in it to make good solid ice. It has been learned on very good authority that Price Ellison will not oppose W. F. Cameron for the mayoralty. They have always been personal friends, and although Mr. Ellison has been hard pressed by friends to allow himself to be nominated he has not yielded to any temptations in that direction.

Enough: and on Time!

By W. H. Brittain, in Macdonald College Journal

"Nothing matters but winning the war!" We have before us the clear evidence, of the long years of patient plotting on the part of our enemies. They suppressed with ruthless energy and brutal cruelty any elements among their own people who might oppose them. They built up a generation taught to regard themselves as a master race whose privilege and duty it was to rob "inferior peoples" of anything that they themselves wanted. With devilish cunning, but with characteristic thoroughness, they began an assault on the minds of the intended victims to create disension in their ranks, to lull them into a false sense of security or to paralyze them with terror. They organized fifth columns to make their task more certain of success when the time came to assault them with treacherous force. They have not shrunk from any savagery, any cruelty, any horror in destroying, one by one, their selected victims. Even the tyrants of the past could not match the barbarities that have been heaped upon the helpless populations of conquered states by those so-called "civilized" nations. Can any one believe that our lot would be any better? Certainly, they have not failed to warn us of their intentions. The thousands of our young men who gladly have left their homes in answer to the call, have given a ringing response to the challenge of our opening sentence. The labors of thousands of devoted men and women have schooled them. Many of our most criticized public men and thousands of able and energetic public servants are giving themselves unapologetically to this urgent task. Thousands more unknown and unrecognized are working quietly but effectively and do their part in the crisis. All these are doing their share and more than their share. Yet it is only a few days ago that an able and thoughtful public man stated that the devoted spirits responsible for this miracle are carrying the dead weight of a third of our people who are not yet "in the war." In referring to our accomplishments he echoed the words of Jan Christian Smuts concerning South Africa, when he remarked, "Not had for a horse running on three legs." He ventured the opinion that, in spite of the splendid sacrifice of Canadian soldiers in the spirit of the exploits of our sailors on all the seven seas, in spite of the heroism of our boys on the beaches at Dierpe, and in spite of the ruthless slaughter of our people within sight of our own shores, there are still people in Canada with little knowledge of or little real interest in the issues of this struggle. And they realize even less the nature of the problems we must face in the years after the war.

We need not consider for the moment whether this pessimistic picture is entirely true and just; but we do know that we are not entirely free from the falling of all democracies in doing "too little and too late," and still more often we do a good thing when a still better thing would have been easier and more effective. Probably the poorest showing we have made in Canada is in the realm of public information and efforts to promote public morale. True, we do a wonderful short-term job in promoting individual programs, like the Victory Loan, but considered long-term programs to acquaint the citizen with the issues and meaning of the great struggle, his stake in it and his part in it, have been mostly feeble and ineffective. We have had a Department of Public Information, which we hope under a new name and under new management may be given the means and the freedom to develop a new vision of its true task in a great national effort. This body has been responsible for some very fine work, including some good speeches. Other agencies, like the National Film Board, have shown real vision and vitality, and certain aspects of the promotion work undertaken by the Wartime Prices and Trade Board have shown a grasp of correct education in the home rarely displayed by official agencies. Unfortunately, however much of our efforts seem to be devoted to exhorting "the elect," that is, those who do not need to be convinced, just how much of all our educational effort has slipped through to those who are simply uninformed or actually misled by others more concerned with personal or sectional interests than in furthering the supreme task? It is doubtful whether it could touch the minds or hearts of those—some nominally in the war effort—who permit personal interests or personal vanity to sabotage their war effort.

It is, perhaps, fortunate for us that success of our system does not depend entirely on the activities of a few leaders, and it does not therefore "let us out" to criticize those leaders. The "leadership principle" is a Nazi idea. It is not, thank Heaven, a part of our Canadian system, any more than the false "master race" idea. In theory at least, our leaders carry out the wish of the majority. Therefore, it should be an informed majority. Furthermore, we do not help by merely being stirred by eloquent speeches about the grand old flag. Such emotions rarely result in action, and high-pressure advertising campaigns, while they may serve an immediate purpose, rarely result in sustained effort. Indeed, they are apt to "backfire." I have often thought that too many people give "too wide and literal" an interpretation to the text, "They also serve who only stand and wait." If this were actually true, the streets of our towns and cities might well bristle with V.C.s, for, as "waiters," many of our people possess the very highest qualifications. No, the times put a premium on doing and it is a simple but profound truth that participation in the life blood of the democratic system, it is time for us to come more to wait.

Dumb Professor Speaks

Most professors are sensible people. It might be possible to show that the world could make more solid progress by doubling or tripling the number of educators employed than by any other twenty-year post-war plan. But some professors have done incalculable harm to the human species.

Hitler, for instance, simply translated the ideas of crack-pot German professors into the language of the gangsters in the beer hall. Above all the noise and the confusion the German gangsters could understand a simple idea: They were the chosen people. They were the superior race. They were destined to rule mankind.

A professor wrote that down in books that only a few people could understand. But the bad idea was finally translated into Hitler's raving speeches and into songs. The Horst Wessel song was written by a male solicitor for a German house of prostitution. Its theme is "today we own Germany, tomorrow we own the earth." When Mr. Chamberlain had made his deal with Hitler, and went out on the balcony at Munich to wave to the singing, cheering crowd below, that was the song they sang. It was not the Horst Wessel song that people with the Chamberlain mentality realized that what crazy professors write in books does not always end in songs. Ideas—bad or good—are most powerful forces.

Ideas Are Most Important

That is why what a dumb professor said last week in Boston is important. For what the aged Professor Albert Bushnell Hart proposed at Harvard University was not new. The annexation of Canada is an old American idea. But the new and vicious feature of this proposal is that it is suggested as part of the mentality which would make World War III inevitable, even while we still have to win World War II.

"If Russia is victorious," says Professor Hart, "she may want new territory. No one can foresee how far Russia would go toward taking possession of Canada. The United States should seek to annex Canada so as to be in a better position to protect the country."

Incidentally Professor Hart does not explain how the Russians could get past the American forces in Alaska to get at Canada. Evidently being professor of history at Harvard does not necessitate an accurate knowledge of geography.

The Russians would hardly be so stupid as not to react to it. Having seen extended the Hart ideas of U.S. "protection" to Canada, the Russians might well feel that the Americans might decide for precisely the same reasons, to extend the same sort of "protection" to chunks of Asia or even Russia herself.

We are not in the name of "protection" that all the Fascist landgrabs were made preliminary to the real outbreak of this war.

The speech just made by Governor Stassen of Minnesota, urging a parliament for all mankind, with power to compel peace, may prove to be the most constructive declaration of our time. A hundred years ago, Tennessee foresaw the present world conflict and he foresaw it ending in a people's wave of revolt. He foresaw the war followed by formation of the Parliament of Man.

In our own time, there has been a gradual but sure movement toward realization of this same idea. It is now clear to almost all people of common sense, not only the League of Nations failed—but has a large part of the world failed the League. It is untrue to say that human beings never learn. The whole history of mankind proves otherwise. Human beings do learn, but often only after several painful lessons.

The world is now reaching the stage where everyone agrees that there can be no real world peace until there is the same sort of machinery to establish and maintain peace between the nations as there is to establish and maintain peace within nations.

Need World Parliament, Courts, Police

That means three things: Bodies to make laws. We call these bodies parliaments or congresses. Bodies to apply the laws when they have been made. It means police forces to see that the laws are upheld—to discourage any attempt to break the laws or to apprehend any criminals who do try to break them.

In principle, all intelligent people would agree that these things are necessary and always have been necessary. But not all our own times—not till the past few years—was the formation of such a world agency a matter for practical discussion on a basis of reality.

Perhaps the world had to learn the hard way, that the world is one. Perhaps the world had to learn the hard way that we must choose between sharing responsibility for maintaining peace—or share the disastrous costs of world war.

It will not be easy for Governor Stassen or anybody else to secure world-wide acceptance of this plan of democratic peace. There are some 60 separate and distinct nations in the world, each of whom has theoretical legal power to make war and declare peace. Actually of the 60 only about seven had the physical power, even before this war, to precipitate a world conflict. But any quarrel which involved any one of the seven great powers was soon a matter for practical discussion on a basis of reality.

Four Powers Must Agree

In the event of an Axis defeat—which is now impending—the real problem will be to reconcile the different inclinations of the British four great powers—America, the British Kingdom, China and Soviet Russia. They have different ideas. It is clear from the astute remarks of Professor Hart, who actually proposes grabbing Canada and so starting World War III in order to prevent it.

But difficult as is the task of reconciliation, of reaching agreement, it is necessary for failure to reach agreement on the form of future world organization would have exactly the same result. We have had before only on a larger and more dangerous scale. World War III would become not only a possibility, but pretty close to a certainty.

Plan Based on Common Sense

The great feature of the Stassen plan is that it is based on common sense. The World Parliament would have the right to make laws, but the members from each individual country would be elected or selected by each country's own methods.

The practicability of the Stassen plan will stand or fall by the willingness of the United States, Britain and Russia to come to terms on the initial program of action. China does not present any problem because now—now—now—now—all of Asia except Japan is far ahead of the western world in its yearning for peace and its willingness to pay the price for peace.

All of which is why the highest duty of every intelligent citizen of the world is to think, talk and act in a way which will contribute to the agreement which mankind must have to reach real peace.

Canadian Ukrainians Donate Magnificently for Russia

Eloquent Speakers; Delicious Viands; Feature of Banquet

North End Hall Scene of Colorful Hospitable Event; Many Subscriptions and Pledges For Aid to Russia Fund

"Our people are so comfortable here. Let us give as before God. Russia needs our help." These were the closing words which Mrs. Campbell Brown addressed to the Aid to Russia Banquet held at the North End Community Hall on Friday, January 8.

The response was immediate and magnificent and before anyone departed for home, Chairman W. Sokolow announced that more than \$615.00 had been pledged.

The occasion was the banquet and dance held in the North End Community Hall, under the auspices of the Canadian Ukrainian campaign to aid the Soviet Union. The appeal by Mrs. Campbell-Brown was endorsed by Dr. H. L. Coursier, President of the Rotary Club. W. Sokolow, Chairman, and M. Terecentz, addressed the gathering in the Ukrainian language. Citizens of Vernon and non-members of the Canadian Ukrainian committee present were, Dr. and Mrs. H. L. Coursier, Mr. and Mrs. R. Ley, Mrs. W. Bennett, Jack Monk, chairman of the Victory Loan Committee, Everard and Miss Marjorie Clarke, Miss Alice Stevens, Mrs. J. Waters, Archie Campbell, and Mr. and Mrs. W. S. Harris.

Three tables, the length of the North End Community Hall seated about 70 persons and before all were served the tables were filled almost twice. They were gaily decorated with flowers, and when the banquet was served there were many tasty dishes to which the native born Canadians were strangers, but which proved to be delicious and were enjoyed greatly. The tables were neatly arranged, with snowy linen and the food was the very best; home-cooked, tasty and attractively served. The service was attended to by young ladies dressed in native Ukrainian costumes which were very colorful.

They were very attentive to the guests.

Million Dollars is Objective

In addressing the gathering, Dr. Coursier said that he understood that members of the Canadian Ukrainian Association had denied themselves the use of their rations for many days previous to this campaign so that the guests could have everything which they could think of. W. Sokolow, Chairman, M. Mohoruk, Secretary, their ladies and a number of others attended to the guests on arrival and seated them at the tables. Mr. Sokolow proved a very able chairman and during the evening contributed very greatly to the enjoyment of those present by his eloquent words and sincere manner. Opening the evening's festivities, he stated their campaign throughout Canada is to raise \$1,000,000, of this sum B.C. is asked to raise \$100,000 and Vernon \$2,000. Mrs. Campbell-Brown commented that this should be \$2,000,000.

Dr. Coursier said that a small campaign had been put on some time ago and had attracted such favorable attention that now large newspapers, business men, the Lieut. Governor and many others in high places were interesting themselves in this really well-organized campaign which has now been launched, and is very popular throughout the length and breadth of Canada. He mentioned the sacrifice that was necessary in the way of coupons to put on this banquet and called the attention of the diners thereto.

Following Dr. Coursier's address M. Terecentz addressed the gathering in the Ukrainian tongue. He proved to be a fluent speaker and his remarks aroused great enthusiasm amongst those who understood him. Young people of the Ukrainian tongue, members of the Vernon Youth's Victory Club had pledged a sum of \$200 to the Russian Relief drive. Miss Stella Akimovitch said that she was happy to have been in China for two years and that she was regarded as a native of China was one of the happiest tributes paid to her. She said that she had the privilege of over-hearing a crowd of Chinese who were clamoring about her presence rebuked by a young Chinese surgeon who said "she is not a foreigner, she is one of us." She was glad to receive the invitation and to attend the banquet and to assure her hearers that in the new world all will be brothers and sisters, carrying out Christian teachings.

She first came to appreciate Soviet Russia when in China. She said what they were doing. She said that the Russians had helped China in a remarkable way and had prevented Japan from stabbing her in the back, and she saw the wonderful way that Soviet Russia was

Fuel Shortage Subject Of Address in Armstrong

H. J. Fosbrooke Outlines Functions of W.P.T.B. to Trade Board Group

ARMSTRONG, B.C., Jan. 7.—H. J. Fosbrooke, W.P.T.B. official from Vernon, was guest speaker at a meeting held in the City Hall on Thursday evening called by the Board of Trade that the acute fuel situation and other matters of interest to producers and consumers might be discussed.

Mr. Fosbrooke spoke of 1939, and stated that 24 hours after the declaration of war, W.P.T.B. came into control. For the first year the fuel structure was not upset but as purchases increased, supplies decreased and output was curtailed, making control necessary.

At the close of the last war in 1921, there were 21,000 business failures and a repetition of this could be avoided if possible, after this war. Control has been in effect now for more than 12 months and has been a success, in fact, Mr. Fosbrooke said, "had been miraculous." He also stated it is the first time it has been tried in a democratic country and thought at first impossible.

The speaker went on to explain some circumstances attendant on fueling, and subsidies to be considered. Whatever was done, some other difficulty developed, making the work at times disagreeable. "Mistake was made in the job tackled," said Mr. Fosbrooke, "and no subsidies were paid without full investigation." He also stated that the period of adjustment was practically over. The full situation had to be still considered and was of interest in all communities.

In comparing the cost, Mr. Fosbrooke stated that the Board's operations had cost some \$8,000,000, and subsidies \$30,000,000, where cost would have been \$750,000,000, if control had not been in force.

In closing Mr. Fosbrooke spoke of the responsibility resting on those privileged to stay at home. "Thinking and planning is our share to bring about a better world where there is no fear of unemployment and destitute old age."

This was followed by a discussion of the fuel situation. One of the biggest problems to be faced in the Armstrong district, is that Vernon dealers have a ceiling price of \$7.50 a cord for dry wood, which is often fuel from here hauled to Vernon. To solve this problem the price ceiling on wood here must come up, permission for which would no doubt be secured by application to the Board.

Mr. Fosbrooke stated that if the recommendation now in the hands of the Board be carried out there will be a stable price for wood for each district.

Scouts Hold Skating Party

After a skating party on Friday evening a hungry crowd of Scouts and Cubs with their leaders, Rev. P. J. Scott, and W. J. Hamilton, returned to the United Church parlor for a lunch of sandwiches and waffles.

FO. Frank Fisher is spending 10 days furlough with Mr. and Mrs. Steele Fisher.

Cpl. W. J. Dunkley, Canadian Postal Corps, now home on leave. Last week, A. Archibald, a former resident of this city, spent a few days leave here with relatives and friends.

LAO. Harry Levett arrived last week from the East to spend a furlough with his parents, Mr. and Mrs. Levett.

Roland Cole is spending his leave at his home here.

Mrs. O. Marriott with her daughter, Mrs. James Lease, left on Friday for a short visit at the Coast. Friends of Mrs. John Murray will regret to learn that she has returned to the United Church parlor in her 74th year, which occurred on Tuesday, January 5, at New Westminster. For several years Mrs. Hamilton resided at the home of her daughter in Armstrong.

Mrs. M. Scott and daughter, Lynne, who have spent the past month with her parents, Mr. and Mrs. O. H. Jenkinson, left last week for their home in Calgary.

Roland D. Wilson Passes Away While Visiting Salmon Arm

SALMON ARM, B.C., Jan. 12.—While visiting at the home of his brother-in-law, A. E. Tweeddale, in Salmon Arm, Roland D. Wilson, assistant C.P.R. agent at Ashcroft, passed suddenly away last Sunday evening, January 10.

Mr. and Mrs. Wilson were sitting with relatives awaiting the arrival of the train when the former collapsed in his chair.

Mr. Wilson was 65 years of age and was born near Fredericton, N. B., and was for many years employed by the C.P.R. Most of his time has been spent in Saskatchewan and Mission, B.C., where he was well known.

He is survived by his wife; two sons, James Douglas, Quebec City, Albert Abbott, Vancouver; and one daughter, Mrs. B. Beukart.

Homecomers for Holiday Season at Salmon Valley

SALMON VALLEY, B.C., Jan. 11.—Miss M. R. Richardson returned from Vancouver last week to resume her school duties at Hendon School.

F. Job, of Silver Creek, who spent a few days at the home of A. J. Heywood, recently returned to his home last week.

C. B. Cookson, of Salmon Arm, was visiting on Salmon Bench last Wednesday.

Miss Eleanor Freeze, of Salmon Arm, who visited at the home of her parents over the holidays, left last Monday.

Jim Porter, of New Westminster, a recent guest at the home of his sister, Mrs. Alfred Needoba, Salmon Bench, left last Wednesday.

Mrs. S. E. Kennedy, and Arnold Graham, of Silver Creek, were visitors at "Heywood" on Sunday.



Flt. Lieut. H. R. Sheardown Armstrong flier, who has recently been promoted. Official word has not yet come to hand, but relatives have received cable communication to this effect.

Fuel Shortage in Kamloops Handled By Local W.P.T.B.

Like many other interior towns and cities, Kamloops is faced with a fuel shortage. However, the local Wartime Prices and Trade Board have taken prompt action to avert any disaster and they are ascertaining that there is an orderly distribution of all available fuel.

Investigation discloses that there is sufficient fuel in the Kamloops district to last through the winter season but much of this fuel is some distance from the town, and an increase in fuel prices must be expected so that the transportation costs are covered.

According to reports from Kamloops the fuel dealers, consumers and W.P.T.B. are working in harmony with each other and to date no cases of actual distress have occurred.

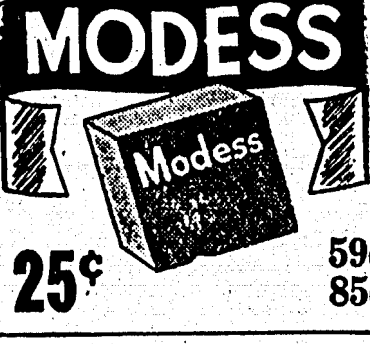
The plan outlined by the Board is that consumers order in the usual way, and the orders will be distributed among dealers according to their ability to fill them. Fuel retailers will pool orders and will not deliver to customers with supplies until those people who are without, receive first deliveries.

Nolan's

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Quick relief from
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taking Halibut Liver
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DETTOL
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AND ALL
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MODESS
25c 59c
85c
WOODBURY
FACIAL SOAP
60th ANNIVERSARY
Sale
4 Cakes
GET YOURS NOW
for the skin you love to touch
4 for 25c
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35c
69c
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PABLUM
Requires no Cooking—
Serve Hot or Cold.
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Before you say SCOTCH
... Say DEWAR'S
Bottled in Scotland
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Liquor Control Board or by the Government of British Columbia

Church Notices

FIRST BAPTIST CHURCH

Phone 144X
Rev. D. J. Rowland, Pastor
Miss Julia L. Reekie, Organist
Sunday, January 17, 1943
11 a.m.—Sunday School and Bible Class. Lesson: "Jesus Winning Souls." John IV: 27-42.
Come! Bring others. An interesting competition is on!
7:30 p.m.—The first meeting of a week of Special Prayer. The week-day meetings will be Community Meetings at 8 p.m., as follows:
Monday, in Emmanuel Baptist Church.
Tuesday, in All Saints' Church.
Wednesday, in First Baptist Church.
Thursday, in the Salvation Army Hall.
Friday, in the Pentecostal (Edin) Tabernacle.
Prayer is a Duty—a Privilege—a Necessity!

KNOX PRESBYTERIAN CHURCH

BURNS' HALL
Rev. G. Sydney Barber, M.A., Minister
Sunday, January 17, 1943
Sunday School, 3 p.m.
Divine Service, 7:30 p.m.
The minister will commence a short series of addresses on "The Privilege of Prayer."
The congregation is urged to attend the meetings for "The Week of Prayer," January 15th. See Vernon News for program.

ST. JOHN'S EV. LUTHERAN CHURCH

Rev. C. O. Janszow, Pastor
807 Mara Ave.
Sunday, January 17, 1943
No Divine Services.
9:30 a.m.—Sunday School as usual.
Friday
8:00 p.m.—Y.P. Bible Class.

VERNON UNITED CHURCH

Minister: Rev. Jenkin H. Davies, B.A., B.D., LL.B., Ph.D.
Choir Leader: Mrs. Daniel Day
Organist: Mrs. O. W. Gamm-Stevenson, A.T.O.M.
Sunday, January 17, 1943
9:45 a.m.—Sunday School.
10:00 a.m.—Youth Study Groups.
11 a.m.—Morning Worship.
7:30 p.m.—Evening Service.
Rev. John Naylor, of North Vancouver and formerly of the West-land Methodist Church, England will conduct the services.

EMMANUEL CHURCH

REGULAR BAPTIST
2 Blocks North of Post Office
Rev. E. V. Apps, Pastor
Phone 56971
"In all things Christ pre-eminant."
Thursday
8 p.m.—Prayer Meeting.
Friday
8 to 9 p.m.—Young People.
"Pop" Elliott, of the Soldiers' Sailors' and Airman's Christian Association is the speaker.
Saturday, January 17, 1943
10:45 a.m.—Sunday School.
7:30—Preceded by 15 minutes song "Before and After Jesus' Coming."
Monday
8 p.m.—Communion week of prayer. First meeting will be in Emmanuel Church.
The Younger Generation of all Vernon
Pictures Friday, in Emmanuel Regular Baptist Church, 7 to 8 p.m., sharp.

ALL SAINTS' CHURCH

Rev. Canon H. C. D. Gibson, M.A., R.D., Rector
2nd Sunday After Epiphany
Commencing United Week of Prayer
Holy Communion, 8 a.m.
Sunday Schools, 10 a.m.
Matins, 1 p.m.
Evensong, 7:30 p.m.
Tuesday
United Service of Prayer, 8 p.m.
A.F.P.A., Parish Hall.

TAKE GRANTS FOR GRANTED
GRANTS LIQUEUR
26c 47c
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Why not check up now?
We carry a complete stock.
Vernon Fruit Union
SEVENTH STREET, VERNON, B.C.
PHONE 181

NOTICE
The Annual General Meeting of the
CANADIAN RED CROSS SOCIETY
Vernon Branch
will be held in the Board of Trade Rooms, Tuesday, January 19th, 1943, at 8 p.m.
Reports of Committees, Review of 1942 activities and Election of Officers.
"I sincerely trust that a large number of Citizens of Vernon and District will attend this important meeting and I would appeal in particular to the men to show their active support to RED CROSS by attending. The activities of RED CROSS are increasing daily to meet those we must have the support of everyone. You cannot but agree that there is no other organization more deserving of your help and interest."
GORDON FOX, President.

Over Half Million Boy Scouts in China

China's Boy Scouts, 519,000 strong, are giving loyal and devoted service to the cause of the United Nations. There are over 6,000 Boy Scouts in China, and China's great leader, Generalissimo Chiang Kai-Shek, is President of the Boy Scouts Association. The Scouts have been organized in China since 1911. The Movement is considered of great importance and is under supervision of the Department of Education.

	In-	Min.	Max.	Amount
Elementary	000	000	1000	00
Junior High	1100	2100	75	
Men	1200	2200	75	
High Women	1200	2400	75	
Men	1400	2600	75	

Salvation Army Brigadier to Conduct Services Here

Arriving in Vernon, on Saturday, will be Brigadier M. Junker, Divisional Commander of the Salvation Army work for this province. Brigadier Junker is on a tour through B.C.
While here, he will conduct special services and on Saturday afternoon there will be a special young people's meeting and pleuro will be shown by the Brigadier. There will be another service at 8 p.m., on Saturday evening in the Salvation Army Hall, which will also conduct. On Sunday, the Brigadier will be in charge of all Salvation Army services.

B. P. O. ELKS

Meet fourth Tuesday of each month. Visiting brethren cordially invited to attend.
FRED HARWOOD
Excused Elder
JIM AFREY
Secretary

P. DEBONO

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MONUMENTS

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Spring Prints



A smart selection of colorful Spring Prints.

A large range for your choice in Greens, Blue, Reds, Etc. in leaf and floral prints. Sizes 12 to 44.

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- Calfskin
- Pig Grain
- Patents
- Suedes

Many lovely styles, high and low heels. Sizes 4 to 9. Widths AAA to D.

3.95

Support The Canadian Aid to Russia Fund

THEY NEED

YOUR HELP

Canada has been asked to contribute a million dollars and our share here in Vernon and District is \$2,000.00. Let's give this and more. No one is going to personally solicit you for this fund but

THE CAUSE IS WORTHY AND THE NEED GREAT

Mail or bring your contribution to

The Canadian Bank of Commerce

The Bank of Montreal

The Royal Bank of Canada

all in Vernon—or to

R. W. Ley, Secretary.

of the Canadian Aid to Russia Fund Committee

F-M. SHOP

Ladieswear

Footwear

Your Optometrist

Is the modern eyesight authority who uses delicate instruments and his intense and exclusive training in Optometry to offer the public scientific eye care.

A-9

BRITISH COLUMBIA OPTOMETRIC ASSOCIATION

Invitations Asked From City, District Homes for Soldiers

Following holiday "loaves" for the troops stationed in Vernon, the Home Hospitality Committee is taking steps and offering relaxation from Camp duties the Home Hospitality Committee in Vernon hope to enlist as many hostesses as possible in a campaign to supply a steady flow of invitations for the boys. These invitations are handled through an invitation bureau working in co-ordination with a convener at the camp, supper and evening invitations for week days are welcome while the most popular invitation of all is for Sunday

dinner. Week end invitations are very acceptable to boys who have week end leave but live too far away to get home. For this type of invitation the bureau is asking the co-operation of country people and of residents in neighboring towns.

The committee in charge of invitations is endeavoring to enlist a number of regular hostesses. This system has worked out very well at the coast and should prove equally successful here. Any family who wish to extend home hospitality to the soldiers in the area should contact Mrs. M. R. Godfrey or Mrs. Helene Rao, both of this city. In giving an invitation the number of guests invited, the time, and home address, should be clearly stated.

\$2,000 Quota

(Continued from Page One)

obtain active support from their members for this outstanding cause. The drive here is being carried on under instructions from Provincial Headquarters in Vancouver. The objective for Canada is \$1,000,000. It is pointed out by the committee that all monies will be used to succor the civilian population of Russia, which has suffered untold miseries and hardships from the Nazi invaders. Statistics show that the war has rolled up a tide of 80,000,000 refugees in the land of Soviets. A great many of them are women and children and old people who have gone through terrible experiences at the hands of the German army, which has invaded their once productive and fertile country.

Casualties to the Russian fighters have approximated 5,000,000 men, and this does not include the thousands who have died in the occupied territory at the hands of Nazi execution squads. The magnificent defense by the people of the Soviet Union of Stalingrad, Odessa and Sevastopol, where the Red Army and volunteer workers' corps held at bay the elite of the German army for months, gave precious time for Great Britain, the United States and other of the United Nations to arm themselves for the conflict.

The committee ask that citizens bear these facts in mind, and express confidence that the quota of \$2,000 will be over-subscribed in Vernon.

Son of Indian Agent At Kamloops, Killed

KAMLOOPS, B.C., Jan. 8.—H. E. Taylor, Kamloops Indian Agent, said today he had been advised his son, Harry Stuart Taylor, had been killed in action with the Royal Air Force on December 19.

Young Taylor went to England in 1936 and was commissioned as a pilot in the R.A.F. the following year. He took part in the later R.A.F. raids on Germany and later flew for the Finns in the Russo-Finnish war. When he left Finland he took with him a Finnish wife who bore him a daughter last November 27.

ARENA PROGRAMME

FRIDAY, Jan. 15th

HOCKEY

2nd GAME ARMY LEAGUE SEMI-FINALS

Light Infantry vs. Volunteers 8 p.m.

3rd Game in necessary will be played Monday, Jan. 18th.

Admission: Adults, 40c - Children 10c Men in Uniform, 25c

Saturday, Jan. 16th—

2 to 4 p.m.—General.

7:30 to 9:30—Adult and Junior.

Sunday, Jan. 17th—

2 to 4 p.m.—Skating Club.

MONDAY, Jan. 18th

HOCKEY

3rd GAME SEMI-FINALS

or

1st GAME OF FINALS

for Civic Arena Challenge Trophy. Winner of Light Infantry vs. Volunteers series against Training Centre.

8 p.m.

Doors open at 7:30 p.m.

Admission: Adults, 40c - Children 10c Men in Uniform, 25c

Tuesday, Jan. 19th—

7:30-9:30 p.m.—Adult and Junior.

Wednesday, Jan. 20th—

7:30-9:30 p.m.—General.

Thursday, Jan. 21st—

2:00-4:00 p.m.—General.

7:30-9:30 p.m.—Adult & Junior.

Note To Hockey Fans

and others—on Friday, Jan. 15 and Monday, Jan. 18th, you will see some of the finest hockey ever played in your Arena. We urge every citizen in Vernon to turn out and see these games.



GETS MILK INTO THE DIET

Look for the PALM Sign

War Savings Certificates Sale Must be Pepped up

Vernon Sales Do Not Make a Satisfactory Show

The British Columbia-Yukon Division of the National War Finance Committee have announced plans for more intensive promotion of the sale of War Savings Certificates and Stamps during the early months of 1949.

While the announcement of the Department of Finance at Ottawa that Canada's war expenditures will exceed Mr. Lacey's budgetary expectations by approximately \$600,000,000 underlines the need for a greater degree of saving, purchases of certificates and stamps by the public have declined during 1948. Total sales in the Columbia-Yukon Division to the end of November, 1948, were as follows:

	Certificates	Stamps
Jan.	\$ 580,860	\$ 75,330.25
Feb.	538,006	74,772.75
March	543,968	72,982.00
April	498,285	69,090.00
May	511,367	61,366.75
June	534,060	64,916.50
July	414,432	56,794.75
Aug.	444,680	65,275.75
Sept.	440,580	59,928.75

During the early months of 1949, investment dealers and banks will be asked to encourage the purchase of maximum certificates by people of above-average means. The maximum amount of certificates that may be bought in any one calendar year by an individual is \$480 (\$600 maturity value). This amount may be bought in monthly instalments, or in one lump sum. Maximum certificates may be purchased for every member of a family.

It is estimated that only approximately 700 individuals in British Columbia and the Yukon are now buying to the limit.

Attached is a compilation of the officially recorded sales of War Savings Certificates during September, October and November, 1948, in communities in the Okanagan area:

	Sept.	Oct.	Nov.
Armstrong	\$ 640	\$ 532	\$ 500
Chase and Dist.	560	496	484
Endorby	368	284	192
Endorby Dist.	44	32	116
Kamloops	3824	3696	4816
Kamloops Dist.	528	484	696
Kelowna	6048	5880	6064
Kelowna Dist.	916	804	832
Keremeos	412	348	140
Keremeos Dist.	4	4	20
Naramata	212	168	304
Oliver	1236	1156	560
Osoyoos	20	12	64
Pentland & Dist.	296	248	608
Penticton	3268	314	2616
Penticton Dist.	120	84	88
Revelstoke	984	920	1012
Revelstoke Dist.	188	168	344
Salmon Arm	508	436	640
Salmon Arm Dist.	156	104	176
Sicamous & Dist.	104	72	52
Sumnerland	332	272	332
Sumnerland Dist.	824	840	712
Vernon	4048	3880	3264
Vernon Dist.	236	192	280

Social Needs of Troops In Hands of New Club

Two Rooms in Scout Hall Ready for Use; Official Opening End of January

2,900 Cords

(Continued from Page One)

An organization known as the Vernon Hostess Club is about to be formed, which will cater to the social needs of soldiers stationed here, through the Canadian Legion War Services. A meeting is being held today, Thursday, when arrangements will get under way.

This club will provide partners for weekly dances in the Scout Hall when this building is officially opened.

W. N. "Bill" Talbot, Canadian Legion War Services, stated on Wednesday that two rooms in the Hall, which is in the process of being transformed into a temporary recreational centre, are now ready for use. One is a comfortable sitting room, containing a radio, and a writing room. Ping pong tables are also set up.

A 16 mm. projector will soon be in operation, when Paramount pictures will be shown three or four times weekly. The official opening of the project will take place at the end of January, with the return to the city of the Brigadier, which will coincide with the visit of F. J. Townsend, B.C. Supervisor for the Canadian Legion War Services.

Co-operation from various women's organizations has been more than satisfactory, stated Mr. Talbot. The I.O.D.E. will be in charge of the Library.

The Vernon Branch Canadian Legion, have been asked to collect all available current magazines. Old literature is not very popular, but those persons who have subscriptions to monthly, or bi-monthly publications, are asked to pass them on after they have been read. The completion of alterations have been held up somewhat, owing to lack of materials. Complete facilities will, however, soon be available for the troops. When it is planned to hold two basketball games weekly, four picture shows, and a dance on Saturdays, to which the soldiers are invited to bring their friends. The hall is open every day from 4 p.m. to 10 p.m.



GETS MILK INTO THE DIET

Look for the PALM Sign

Lumby F.I. Discuss Educational Brief

Support Urged; Vaccine Available Under Expert Veterinarian for Herds

LUMBY, B.C., Jan. 11.—Plans for the annual social, and a discussion of the 22nd annual conference of the Lumby and District Farmers' Institute executive meeting held at the home of Secretary Frank Christian on Friday evening.

The date set for the social is Friday, January 29. The annual meeting will precede a short concert which will be followed by the usual dance. Refreshments will be served by members of the Women's Institute.

A feature will be a number of songs and dances by a group of Ukrainian artists from North Vernon. Those attending the affair will have an opportunity to contribute to a special collection for the Aid to Russia Fund.

An appeal for support for the B.C. Teachers' Federation program urging the reorganization of educational finance, made by the President, John Prior, on behalf of the North Okanagan Teachers' Association, received the favorable attention of the executive. Outlining the crisis rapidly developing in rural education, Mr. Prior stressed the need for immediate action on a provincial scale if rural schools were to continue to function effectively. Inequalities in the structure of educational finance are seriously endangering the standard of education throughout the province.

Result of the discussions was the unanimous adoption of a resolution endorsing the general principles of B.C. Teachers' Federation brief.

Some irritation was expressed with criticism directed at the Farmers' Institutes for not taking action about the spread of Bang's Disease. Members of the executive stressed the fact that through the efforts of Farmers' Institutes, vaccine was now available and group vaccination was being arranged, with a qualified veterinarian in charge. A Lavington committee, headed by W. Popowich, is organizing that district and Lumby dairymen can contact the Institute Secretary.

A letter from W. R. Gunn, B.C. Health Commissioner, dealt at some length with the dangers of "sleeping sickness" in horses and warned that an outbreak of the disease might endanger the general public as well. Attention was also drawn to the menace of "Black Leg," emphasizing that burning and disposal of carcasses should be done on the spot.

Resolutions drafted and sent to the B.C. Federation of Agriculture were discussed briefly.

The British mine detector, a "hush-hush" weapon, played a major part in the victory in Egypt, the British information services disclosed.

Rotarian's Official Publication Subject Of Address by R. Ley

Has 185,000 Readers Outstanding Articles From Prominent Authors

Past President of the Vernon Rotary Club, R. W. Ley, addressed fellow members at their weekly meeting on Monday, the topic of his speech being the organization's magazine, "The Rotarian". Mr. Ley concisely described in detail, the importance of the magazine and the extremely interesting and influential articles contained therein each month.

Giving a brief outline of the history of the magazine, he told the club that it was first published 32 years ago, in January of 1911, and was then called "The National Rotarian". Financial difficulties were overcome and in July, 1911, at the Rotary Convention held in Portland, a resolution was adopted for the establishment of a monthly magazine, the second edition being published to promote and publicize the convention. In November, 1911, the third edition appeared and was sent to 27 clubs, all of which were in the U.S.A. Mr. Ley repeated the words written in the initial edition by the founder of Rotary, Paul Harris, "The Rotary mark must become a guarantee of quality. Membership in a Rotary Club must be equivalent to an A1 rating as to credit, goods and service."

To emphasize the rapid growth of Rotary in Spanish speaking countries, he pointed out that in 1933, the first edition of "Revista Rotarian" was published, and at present has a subscription of 18,000. Half of this subscription is provided by Rotary Clubs and individuals in Canada and the U.S.A. for non-Rotarians, schools, libraries, and other institutions. Seven hundred clubs in Canada and the U.S.A. now participate in this international service which has done much to stimulate greater inter-American solidarity.

"The editorial policy of 'The Rotarian' is designed to advance Rotary as an organization and to help community leaders to understand more adequately their responsibilities and their opportunities for promotion of the right type of citizenship," stated Mr. Ley.

Circulation of the Rotary magazine has increased from its initial issue of 2,000 to a present day distribution to 185,000 readers. Mr. Ley stated that these figures undoubtedly show the high literary importance of the magazine, and further amplified his statement by saying that in 1942 ten articles from the Rotary magazine were reprinted in the Reader's Digest. "Although our magazine rates high amongst Canadian periodicals, it has more significant purpose than to attract the reader's eye," stated Mr. Ley. "It exists to serve Rotary and each year the aims and objects committee of International Rotary has out a broad general program of progress down Rotary's four-lane highway, which our magazine is carefully planned to follow."

Greatest Number

(Continued from Page One)

H. Hinckman, W. E. Bomford, (All R.R. 1).

Naramata—W. Steel, P. R. Cross, Kaleden—R. D. Mutch, Keremeos—J. B. M. Clarke, H. O. McGuffie, J. H. East.

Oliver—E. A. MacDonald, G. E. Mabee, G. A. Lundy, A. E. Bonnett, F. W. Hack, (All R.R. 1, Oliver).

Osoyoos—A. W. Hanbury, R. R. 1, Oliver; H. Gummel, R.R. 1, Oliver.

Grand Forks—A. C. Lawson, Robson—Major Turner Lee, Bonnington, B.C.

Boswell—A. Mackie, E. Kootenay—O. P. Appleton, R.R. 1, Nelson.

Willow Point—J. J. Campbell, Creston—Harold J. Goodwin, R. Currie, Erickson; P. Boffey, J. B. Holder, Erickson; N. Leveque, Erickson.

R. M. Ramsay, of Okanagan Mission, who is a veteran delegate to B.C.F.G.A. Conventions, will not be able to attend the meetings in Penticton this month, as he has been compelled to undergo an operation at the Coast.

Letters of Interest

Editor, The Vernon News,

Dear Sir:

In view of the effort being made by the B.C. Teachers' Federation to have the Provincial Government assume a larger share of educational finance so that an equalization of educational opportunity and taxation might be achieved, may we submit the following statement by Amorlan's Number 1 taxpayer, Henry Ford.

"Even during the war we cannot afford to neglect the youngsters. Some people think that because we are in the war, the things our children need in the way of education, and all that should go with it, are luxuries that we cannot afford. They object that taxes will be too high about the only good that I can see for money is to do something worthwhile with it that will help the children. Definitely, we can't cut down on the money we spend to make sturdy, healthy and intelligent citizens of them."

We are convinced that the interest of education, especially in rural B.C., demand immediate action, action which has been recommended in numerous reports and surveys made during past years. If the present trend continues, rural B.C. will be deprived of capable teachers.

It may be of interest to the general public to know that Great Britain has steadily increased expenditure on education during the war.

Yours truly,
North Okanagan Teachers' Association Publicity Committee,
John Prior.

of December 31, a slight error had been made when it was reported that \$10,000 had been transferred from the sinking fund. This should have read that the sinking fund had been transferred from the surplus in general account for the year of 1948.

In the issue of The Vernon News

OVERWATERA QUALITY LOW PRICES

38c Doz. NAVAL 50c Doz.
45c Doz. ORANGES 70c Doz.

BAKE A PIE

PIE CRUST MIX

Contains Sugar. 29c

Per Pkt. 29c

CRANBERRIES

For cranberry pie. 2 lbs. 55c

APPLES

6 and 7 lbs. 25c

SOYHART SPREAD

14-oz. 49c

24-oz. 69c

RENNIES BIRD SEED

1-lb. 16c

TEA BISC

For better Biscuits. Contains sugar. 33c

Pkt. 33c

SOAP SAVINGS

Lifebuoy 4 bars 25c

P & G Soap 5 bars 25c

KRAFT DINNER

Serves 4 in 9 minutes. 2 pkts. 35c

QUICK QUAKER OATS

Per 3-lb. pkt. 21c

TURNIPS—

7-lbs. 19c

CARROTS—

7-lbs. 19c

LETTUCE—

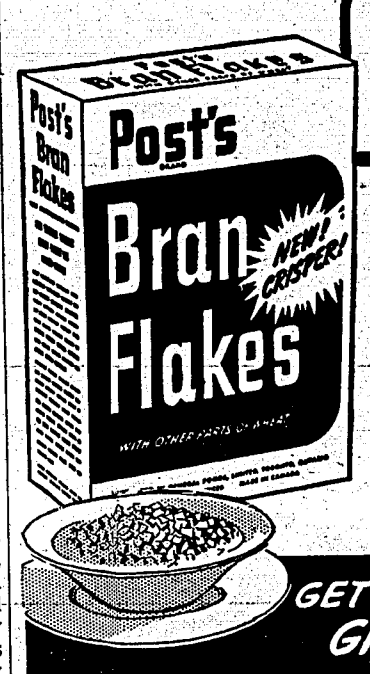
Giant Heads 17c

CELERY—

No. 1 lb. 17c

CABBAGE—

Per lb. 5c



YOU'LL LOVE THEM FOR BREAKFAST!

They Give You 3 Benefits:

1. Help prevent constipation due to lack of bulk.
2. Supply useful quantities of iron and phosphorus.
3. Wholesome, nourishing and full of delicious flavor.

GET THE GIANT ECONOMY SIZE

Added Incentive to Produce Butterfat

"Butterfat rationing and the price of butterfat is discussed at length in a publication issued by the Searle Grain Co., Ltd. In part it says:

"In July last a bonus of six cents a pound on butterfat was given to farmers to induce greater supplies. Evidently, however, the bonus given was insufficient, and now that rationing has started the bonus has been increased to ten cents a pound. Whether this will be sufficient to enable farmers to put out that amount of extra work and extra expense required to increase the supplies of butterfat remains to be seen. If it is not sufficient then the perfectly simple way of obtaining more butter is to increase the bonus still further; for it certainly costs farmers more money to produce more butterfat."

"The price of butterfat, including the ten cent bonus received by farmers today, is actually nine percent higher than the 1913-14 price or nine percent higher than the purchasing power of a pound of butterfat in 1913-14, but the purchasing power of the average hourly rates of wages of industrial workers, for the year 1941, was no less than 61 percent higher than the 1913-14 wage parity (wages today are certainly more than 61 percent higher than the 1913-14 parity or purchasing power). The extra demand, therefore

CAPITOL

Tonight and Friday and Saturday
January 14th-15th-16th



Evening shows at 7 and 9. Saturday Matinee at 1:30
Western "TAMING OF THE WEST"
Regular program at 2:30

Monday, Tuesday, Wed., Jan. 18-19-20



The Girls the Town Pointed At...
Donald Crisp - Nancy Coleman - Gene Lockhart
LARRY SIMMS - DONALD WOODS - Directed by Irving Rapper
Screen Play by Laura Coffey - Based on the Novel by Stephen Longstreet - Music by Max Steiner

CARTOON -- NEWS
Evening Shows, 7 and 9. Matinee Wednesday at 2:15

Coming Thurs., Friday, Saturday
January 21st-22nd-23rd

GEORGE FORMBY

"SOUTH AMERICAN GEORGE"

A RUSSIAN SOLDIER IS GUARDING YOUR HOME TONIGHT

His people are in sore need of our help.

THE CANADIAN AID TO RUSSIA FUND

is organized to raise \$1,000,000

WON'T YOU HELP?

Send your contribution to any Bank in Vernon.

DO IT NOW

THRIFTYMART

PRICES EFFECTIVE JAN. 15th-16th-18th

CHEESE—ArmstrongLb. 29c
Coffee Booster(No Coupons
Required) 1-lb. Pkt. 23c
BREAD—Fresh DailyLoaf 6c

Fresh Fruit & Vegetables

ORANGESDox. 38c - 43c - 45c - 52c
LEMONS6 for 23c
GRAPEFRUITS3 for 25c
SWEET POTATOES2 lbs. 25c
Onions5 lbs. 17c
Cauliflowerea. 29c
Lettuceea. 15c
Carrots5 lbs. 10c
Celerylb. 17c
Turnips5 lbs. 13c
CRANBERRIES—Speciallb. 29c
BRUSSEL SPROUTSlb. 26c
EGGS—Grade "A" MediumDox. 44c

Only orders received before 12 noon delivered same day—Orders received after 12 noon delivered following day.
We Reserve the Right to Limit Quantities.

Town and District

Miss Louise Belg is at present spending two weeks visiting with her parents in this city.

LAC. Bray, R.A.F., training in Calgary, is the guest for a few days of Mrs. J. T. Carpenter, of this city.

Opl. Syd. Ward, R.A.F., left on Friday, for Kingston, Ont., after spending a few days visiting in Vernon.

Gnr. H. S. Ward, R.O.A., arrived in Vernon, on Thursday, and will spend his furlough with his family in this city.

Miss Beth Gillanders, of Kelowna, spent the week end in Vernon, at the home of Mrs. Price Ellison.

Following the Christmas holidays the Vernon Preparatory School pupils reassembled for the Easter Term on Tuesday.

Jeff Hurmuses, of the National Cafe Limited, Vernon, left on Sunday for the Coast, where he will spend two weeks' vacation.

William Stapleton, of Vancouver, General Passenger Agent, C.N.R., and C. N. Steamships, was a Vernon visitor on Wednesday.

Attending their father's funeral in Vernon last week were, R. M. Ford, of Trall, D. D. Ford, of Cranbrook, Mrs. W. H. Moore, of Vancouver.

Miss Beth Sovereign, teacher at the Kelowna High School, spent the week end in this city, at the home of her grandmother, Mrs. Price Ellison.

C. Browne, member of the Canadian Freight Association, of Vancouver, is at present in Vernon on his routine freight inspection of the Okanagan.

Miss Joanne Brown, who is a member of the Kelowna High School teaching staff, was a week end guest at the home of Mrs. Price Ellison.

LAC. Kenneth Nelson, R.C.A.F., arrived in Vernon on Monday, to spend 10 days' leave at the home of his parents, Sgt. and Mrs. R. S. Nelson, of this city.

On Wednesday the Vernon Post office staff was exceptionally small. Three members were off sick, and before that it was claimed that the staff was too short.

AS. Kenneth Burnett, R.C.N.V.R., arrived in Vernon, on Tuesday, and is spending 18 days' leave in the Coldstream district with his parents, Mr. and Mrs. E. Burnett.

Capt. and Mrs. P. DeHart returned to this city on Tuesday, after spending a week holidaying in Vancouver and Victoria. Capt. DeHart is stationed at Vernon Military Camp.

Raymond Metcalfe received a promotion in the employment of the C.P.R. Telegraph department, last week. On Saturday he left his home here to take up his duties in Nelson.

LAC. Stuart Fleming, of Mr. and Mrs. Archie Fleming, of Vernon, returned to his station early Sunday morning, after having spent 12 days' leave with his family and many friends in Vernon.

Passing through this city on Saturday, and again on Tuesday, were Mr. and Mrs. Mervyn V. Hickman, "Bankhead," Kelowna, who spent a few days at Ewing's Landing, guests of Mr. and Mrs. P. E. O. Haines.

Regarding the funeral services for Robert Ford, conducted on January 6, by Rev. Canon H. C. B. Gibson, the pallbearers in attendance were, B. B. Hodgson, P. Moore, R. Carswell, Sr., W. H. Hall, W. Rice, and S. Dungeat.

Paul Lim Yuen, son of Rev. Lim Yuen, of Vernon, enrolled in the college of Literature, Arts and Sciences, at University of Michigan, Ann Arbor, Mich., has recently been elected into the Delta Sigma Rho, Honorary Speech Society, at the above University.

Mrs. A. Campbell, and her daughter, Miss Phyllis Campbell, left for Vancouver, on Friday, where the latter will commence training in St. Paul's Hospital, Mrs. Campbell will remain at the Coast city for about 10 days visiting with relatives and friends there.

Mrs. J. M. Jones left Vernon, on Saturday, for her home in Vancouver, after spending two weeks in this city. For husband, Mr. Jones, who has been relieving at the joint O.P.R. and C.N.R. Ticket Office, will remain here for a few days.

Pilot Officer Otis Reinhard arrived in Vernon on Friday, to spend a furlough at the home of his mother, Mrs. E. H. Reinhard.

Mrs. Ivor Solby and daughter, of this city, are at present visiting at the home of Mrs. C. E. Burch, in Pentecost.

Mrs. J. B. Steward returned to Vernon on Monday, after spending 10 days visiting with relatives in New Westminster.

Miss Margaret Kirk arrived in Vernon, on Saturday, from Kamloops, and spent the week end at her home in the Lavington district.

Mrs. Frank Harris left Vernon, on Friday, for Victoria, where she will join her husband, Gnr. Frank R. Harris.

Mrs. B. P. Wood, of Ewing's Landing, was the guest of her husband in this city for several days recently.

Mr. and Mrs. G. H. Davis returned to Vernon on Friday, after having spent Christmas and New Year's in Calgary.

ACI J. R. Wood, of Rivers, Man., spent a four day leave over the week end with his mother, Mrs. F. E. C. Wood, of this city.

Mr. and Mrs. James H. Miller, of Okanagan Landing, have returned from a month spent in Calgary, where they visited with their son.

Miss Daphne Dalziel left on Friday for the Naramata School for Girls, after spending the Christmas holidays with her parents at Cameron's Point.

Miss Betty Wright, now of Calgary, but well known in this city, where she was born, is spending a week in Vernon, the guest of Mrs. J. T. Carpenter.

Mrs. Olive Newman, of Vancouver, arrived in Vernon on Wednesday, to spend a vacation at the home of her sister, Mrs. Ralph MacDonald, of this city.

LAC. Michael Corrigan, R.C.A.F., accompanied by his wife, arrived in Vernon on Wednesday to spend furlough at the home of Dr. and Mrs. C. W. Corrigan, of this city.

Gnr. Ivor-Hanson, of Victoria, has returned to Vernon on leave, and will resume logging activities in this city. Gnr. Hanson was accompanied by his wife and young son.

Norman Hull, and his daughter, Miss Norma Hull, of Kamloops, spent a few days at the terminus of January in this city, guests of Mrs. M. Eager, and Miss Eleanor Eager.

Edward Pyman, returned to Vernon on Wednesday, after having spent three weeks in Vancouver, where he passed necessary examinations prior to enlistment in the R.C.A.F.

Ralph Burgess, of Vancouver, Dominion Butter and Dairy Products Inspector, spent three days in the North Okanagan this week. During his stay here, he was a guest at the National Hotel.

Robert Ingles left Vernon, on Monday, after having visited for three weeks at the home of Mr. and Mrs. W. L. Smith. Mr. Ingles will spend some time in Vancouver before leaving for Gilbert's Landing.

Flying Officer E. A. Lees, R.C.A.F., left on Friday, after spending two weeks visiting with his wife in Oyma. Flying Officer Lees returned to his station in Alaska, where he has been for the past year.

Mrs. R. Pugh is spending an extended visit with her daughter-in-law, Mrs. J. E. Pugh, Mr. Pugh, former member of the Vernon High School teaching staff, is in Montreal, where he is engaged in war work with the Northern Electric.

Mrs. A. R. Kauback returned to Vernon, on Monday from Victoria, where she visited her husband, Gnr. Kauback, who is taking an advanced course in that city. Following the course, Gnr. Kauback will return to his post in Alaska.

B. T. "Ben" Chappell, retired superintendent of the Canadian National Railways, who has been ill for some time, is now much improved in health, and expects to be able to visit Kamloops soon, where he was stationed for many years.

O. E. Little, on the staff of the Vernon Northern Electric Company, left Vernon on Friday for Vancouver, where he will attend a Northern Electric District Conference for Alberta and B.C. Mr. Little will return to Vernon into this week.

Sgt. Navigator A. Keith Pearson, R.C.A.F., left Vernon on Sunday for Eastern Canada, after spending nine days' leave with his parents, Mr. and Mrs. Arthur Pearson, of this city. Sgt. Pearson graduated as navigator from No. 2, A.O.S., and received his navigator's flying badge on December 30, 1942.

Lieut. D. B. Gordon, Acting O.M.E., of the Ordnance Workshops, appeared before Magistrate William H. Kiley, in City Hall, on Court on Friday morning charged with parking his motor vehicle within 15 feet of the intersection at Barnard Avenue and Eighth Street. He was fined \$2 and costs.

A son was born at Brandon, Man., on December 20, to Sgt. and Mrs. Douglas Archibald, R.C.A.F. Sgt. Archibald is well known to many Vernon residents as he was at one time on the staff of the local Canadian Bank of Commerce, Sgt. and Mrs. Archibald visited in Vernon during their wedding trip several years ago.

AWI Pat Hughes, R.C.A.F., left Vernon on Tuesday, after spending a few days visiting in the city with her mother, Leigh Hughes. AWI Hughes is well known in Vernon, where she was at one time employed by the West Canadian Hydro Electric. AWI Hughes was en route to her station in the east after spending New Year's leave with her family at Powell River.

Mr. and Mrs. A. J. Hanson, of Cherryville, left, on Tuesday, to visit relatives in Victoria.

Mr. and Mrs. R. L. Hinghey, of Vernon, left on Friday to spend 10 days' vacation at the Coast.

Miss Marjorie Swift, of Kamloops, spent an enjoyable week-end visiting Miss Nellie Forbes, of Vernon.

Mrs. Harry Lee, of Calgary, arrived in Vernon, on Friday, to spend an indefinite vacation at the home of her family here.

Mrs. W. Wilson, nurse at the Vernon Jubilee Hospital, returned from Medicine Hat on Friday, after having spent one month's vacation there.

Miss Ruth Ley, daughter of Mr. and Mrs. R. W. Ley, of this city, returned to Vernon on Monday, after spending a few days visiting in Vancouver.

Recruits who left for Vancouver this week, were, F. M. Beeman, of Summerland; A. J. Saddleman, and T. J. Parker, both of the Okanagan Indian Reserve.

Miss Kay Bettschen, daughter of Mr. F. Bettschen, of Vernon, left for Vancouver on Friday evening, where she will visit her sister, Mrs. B. McLennan.

Miss Margaret Bundy, formerly of Nelson, arrived in Vernon this week, where she has been transferred as clerk in the communication department of the C.P.R.

Miss Lynette Dawe returned to Westwood on Sunday, after having spent the week-end with her parents, Mr. and Mrs. G. S. Dawe, of B.X. district. Miss Dawe is teaching school in that centre.

Miss Frances Daem, daughter of Mr. and Mrs. Phillip Daem, of Vernon, returned to Westwood on Sunday, after having spent the week-end here. Miss Daem is teaching school in that centre.

Sgt. "Ritzie" Coatsworth returned to Vernon on Tuesday, and will remain here on sick leave until January 25. In December he was posted for overseas duty but illness intervened. His mother, Mrs. A. Coatsworth, resides here.

The second quarterly payment of income tax must be made before or on January 15. This payment should be made by all persons who derive their income from sources other than wages or salaries.

Roger Dickson, son of Mr. and Mrs. E. G. Dickson, of Vernon, received notice on Wednesday to report to the R.C.A.F. Recruiting Office in Vancouver on January 18, for final re-check before being officially accepted for Air Crew.

Mrs. A. S. Nelson entertained at a novel party on Thursday, in honor of her daughter, Miss Mary Nelson, also Pte. and Mrs. Bert Delaney, of Winnipeg. The affair took the form of a "Tally-ho" outdoor-winter sports gathering.

K. M. Brown, of Kamloops, arrived in Vernon on Tuesday, to relieve the local liquor vendor, W. F. Laidman, who will leave for the Coast shortly for a rest cure following a recent illness. Mr. Brown is a guest at the National Hotel.

Mrs. E. P. Chapman, of this city, has received acknowledgment from the Chinese Consul, Mr. Consul of China, Vancouver, of \$200 from the Vernon Committee for Chinese War Relief. The Vice Consul expresses much appreciation and gratitude to the people of Vernon.

A. H. Jones, Department of Agriculture, Ottawa, was a business visitor in Vernon, on Tuesday. Mr. Jones left the same day for the Summerland Experimental Station and is expected to return today, Thursday, to Vernon, where he will visit for some time.

Mr. and Mrs. E. J. Hack, of Winnipeg, left on Friday, after having spent five days visiting at the home of Mr. and Mrs. Mike Zemla, of Vernon. Before returning to Winnipeg, Mr. Hack will visit his brother in Pentecost and his father, who resides in Oliver.

In addition to contributions to the Russian War Relief Fund, contained on page 5 of the issue, the following donations were received up to Wednesday afternoon: Miss A. Proctor, \$2; Major W. R. Grieco, \$50; A. M. Tucker, \$5; Mrs. Alison Brooks, \$20; Mrs. A. M. Freeman, \$50.

P.O. Frank Snowsall, R.C.A.F., passed through this city on Tuesday morning, on his way to Kelowna. P.O. Snowsall will spend seven days' leave in that city, where his parents, Mr. and Mrs. E. Snowsall, also his wife and family reside. For the past seven months he has been stationed in Alaska.

Miss Audrey Collins, R.N., of Vancouver, will leave Vernon today, Thursday, for a pending week-end visit with N/S Marjorie Nash, at the home of Mr. and Mrs. L. R. H. Nash, of this city. Miss Collins will be accompanied by N/S Nash, who has also been visiting here for ten days. She is attached to Military Hospital, Victoria.

Word was received here, on Sunday, by Capt. and Mrs. Earle Cullen, of Vernon, that their youngest son, Norman, arrived in England on December 28. C. T. Cullen, R.C.N.V.R., graduated from a naval school in Quebec, in October, 1942. He enlisted in April of the same year.

Following are the members of the Canadian Club Executive: Past President, Phil Sterling; President, Edward Clarke; First Vice-President, Dr. H. G. Alexander; Second Vice-President, F. F. Becker; Secretary, M. C. Clayton; Executive members: Bruce Cousins, W. S. Harris, F. A. W. Grahame.

Red Cross Annual Meeting Scheduled for January 19

Full reports on all Red Cross activities will be given at the annual meeting of the Vernon branch, Canadian Red Cross Society, which will be held on Tuesday evening, January 19, in the Board of Trade Rooms. This city and district has hundreds of Red Cross members, and the President and committee urge that there be a full attendance, as the program outlined for 1943 includes a vast amount of work.

City Writes off \$220 Water Rates

Dissatisfaction at Spraying of Fruit Trees in City Limits

The City Council held its first meeting for 1943 on Monday evening. Then it was revealed that \$220.40 in water rates had been written off the city books.

Much dissatisfaction had been expressed during the previous season at the charges made for spraying fruit trees within the city limits. These were \$1.10 for large trees and 90c for small ones. Bud Anderson had been re-imbursement in the sum of \$1,754 by the city for his services in this regard; these, in turn, were debited to those citizens whose trees had been sprayed for codling moth.

Before another season opened, it was decided that a thorough investigation be made. Alderman Galbraith expressed the opinion that it is only fitting the city should contribute to the well-being of the industry whereby Vernon subsists. Alderman F. Harwood reported the result of his enquiries into the purchase of a truck. That there is no choice, and what is available had to be taken; and that all are now painted khaki, was a statement made by him.

Arena Sign Now Completed
Alderman Howie reported that a sign for Clive Arena was now completed. A recommendation from the Provincial Secretary in Victoria, relative to an increase in the salary of Magistrate W. Morley was left to the Finance Committee when making estimates for 1943, as were other civic salaries.

Rev. J. Propp, pastor of the Peace Lutheran Church, on Mara Avenue, had made a request that the sewer be extended on that street. He is willing to pay a portion of the cost. The Board of Health is going into the matter, Alderman Galbraith stated that the sanitary angle had to be considered; and as this church had a sizable congregation, he thought the matter should be attended to.

George Pearson, Department of Labor, had communicated with the city relative to wages control. This was laid on the table pending wage estimates.

Gordon Fox, President of the Vernon Branch, Canadian Red Cross Society, expressed gratitude to the city for support given that organization during 1942.

An offer from T. W. Hayes of \$18 for standing timber on Eighth Street, north of G. Allers Hankey's residence, was not accepted. An application from D. C. Duke for a position at the Disposal plan, when completed, was tabled for the Board of Health.

P. A. Woodward, of Vancouver, representing the Aid to Russia Committee, had included the city of Vernon as one of a few selected names to receive a special letter appealing for support in the present drive for funds. This was left with the Finance Committee.

Mrs. Sarah Doherty Succumbs in Vernon

Many Vernon citizens learned with regret of the passing of Mrs. Sarah Doherty which occurred suddenly at her home on Eighth Street on Saturday, January 9.

Mrs. Doherty was born on Prince Edward Island where she attended school, and later graduated from Queen's University, Charlottetown. In 1891 she married Malcolm Ewen Doherty in Millville, P.E.I. Afterwards they lived for eight years in Aspen, Colorado. After living for six years in B.C. Mr. and Mrs. Doherty moved to Vernon, where Mrs. Doherty has resided ever since. She was an active member of the Methodist Church, previous to the church union, and later was a member of the United Church congregation. She took great interest in the W.C.T.U. temperance work, and in addition to this she was responsible for stimulating interest among the school students in elocution and also encouraged entries from students at the Vernon schools in essay competitions sponsored by the W.C.T.U. Temperance Union.

After a lingering illness Mrs. Doherty's death occurred following an apparent recovery from an attack of pneumonia.

She is survived by one son, Harold, of Pentecost; four daughters, Eva, Vancouver; Mrs. M. F. Costerton, Revelstoke; Mrs. H. R. Slade, Powell River, and Frances, at home; also four grandchildren. Funeral services were held from the family home at 3:30 p.m. on Tuesday afternoon. Pall bearers were G. A. McWilliams, D. McBride, A. E. Berry, G. Williamson, C. Wyllie, and R. Fitzmaurice. Rev. Dr. Jenkin H. Davies officiated and interment was at the Vernon cemetery. Campbell Bros Limited were in charge of funeral arrangements.

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The Pure Wool Flannel—coat of quality for warmth and durability at usual low prices.

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WARM WORK SHIRTS—Coat style, button or with zipper. Priced from \$1.00 Up
MILITARY SUPPLIES—Uniforms, Socks, Shirts, Sox, Etc.

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MEN'S OUTFITTERS Est. Over 35 Years Phone 155

F. COOPER

Phoner 15 and 72 Vernon, B.C.

TURNIPS Westwood 8 lbs. 25c
APPLES Firm Macs 6 lbs. 25c
ASPIRINS 'Bayers' 100 Tablets 90c
POPPING CORN Fresh, lb. 15c
Fresh Tomatoes Mexican, lb. 28c

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SCOTT'S EMULSION
DIGESTS 4 TO 5 TIMES FASTER THAN PLAIN COD LIVER OIL
59c 98c

Alka-Seltzer
For colds, upset stomach, acid indigestion
29c SMALL PKG. 57c LARGE PKG.

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Modess
Softer! Safer!
12 - 25c
30 - 59c
48 - 85c
MODESS BELTS 25c

BAND-AID
ADHESIVE BANDAGES
For quick first aid - 25c

Michael Malkow, who is a student at the Vernon High School, returned to Vernon on Friday, after spending the Christmas holidays in Vancouver.

Pte. and Mrs. B. Deans will leave tonight, Thursday, for Winnipeg, where Pte. Deans will spend his furlough.

WE OFFER Subject to Prior Sale—

\$60,000.00

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5% First Mortgage Bonds

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Full Sinking Fund to retire entire issue by maturity.

PRICE \$99.50

These bonds are amply protected by both assets and earnings.

Full particulars on request.

Holders of present Bulmans Limited bonds which are being called for redemption, should apply immediately if they wish to re-invest in this sound company.

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VANCOUVER LIMITED Vancouver, B.C.

410 Howe Street

Canada's National Nutrition Program --- Eat Right to feel Right

A Letter from the Prime Minister

November 24, 1942

A wartime nutrition programme to inform the Canadian People about the relationship of food to health will be launched in January under Dominion Government auspices.

Government departments, industry and voluntary associations will co-operate in this campaign. The support of all Canadians is essential to its success.

Health is a vital, dynamic factor contributing to victory. A proper diet for the people as a whole is a matter of national concern. It is a problem that can be solved only by individual thought and attention.

Housewives, because of war conditions, are confronted with many food problems. Some commodities have already become scarce in Canada. Other foods which we in Canada produce in abundance have become scarce in Britain and other allied lands. We have agreed to share our abundance with these countries. As a result, the supplies available for our own use have been reduced. This is one of our contributions towards winning the war.

Every effort has been made by the Government to insure that, despite war conditions, there shall be an adequate supply of essential foods for our own people. But this will be so only if the available foods are properly and intelligently used.

Information about the use of foods has been assembled by authorities on diet and nutrition in the Department of National Health, the Department of Agriculture, and other government departments. That information is being used in determining the rations for the armed forces, also in connection with the canteens in our war industrial plants, and in other ways.

Proper attention to the selection and preparation of the family diet can make a real contribution to our national war effort.

RT. HON. W. L. MACKENZIE KING,
Prime Minister of Canada.

Are You a Victim
of
**HIDDEN
HUNGER?**



Canada's Official Food Rules EAT THESE FOODS EVERY DAY

MILK—Adults, ½ pint. Children, more than 1 pint. And some cheese as available.

FRUITS—One serving of tomatoes daily, or of a citrus fruit, or of tomato or citrus fruit juices, and one serving of other fruits, fresh, canned or dried.

VEGETABLES—(In addition to potatoes, of which you need one serving daily) Two servings daily of vegetables, preferably leafy green, or yellow, and frequently raw.

CEREALS AND BREAD—One serving of a whole-grain cereal and four to six slices of Canada approved bread, brown or white.

MEAT, FISH, etc.—One serving a day of meat, fish or meat substitutes. Liver, heart or kidney once a week.

EGGS—At least 3 or 4 weekly.

FISH LIVER OILS—These oils are essential for children and should be given as recommended by a physician. They may also be required by adults.

The amounts specified are minimum daily food requirements. It is important to remember that these are War-time Food Rules and may be further conditioned by problems of supply.

THE FOOD ELEMENTS

PROTEINS

are the materials the body must have for growth and for repair of body tissues. They are obtained from: Milk, cheese, meat, fish, poultry, eggs, peas, beans and nuts.

ENERGY FOODS

All foods provide some calories or energy value but the most concentrated energy foods are: Starches, sugars and fats.

VITAMINS

CALCIUM

is necessary for the formation of bones and teeth and for the maintenance of vital bodily functions. The need for calcium cannot be met without the daily use of milk and cheese.

IRON

is essential for the formation of red blood cells. It is found in liver, kidney heart, dark green leafy vegetables, dried vegetables, dried fruits, molasses, lean meat, potatoes, whole grain breads and cereals.

IODINE

is needed in very small amounts for the prevention of goitre. It is obtained through the use of iodized salt.

IMPORTANT MINERALS

VITAMIN A

prevents night blindness, reduced susceptibility to infection and helps growth. The best source is leafy green and yellow vegetables. Other good sources are liver, fish liver oils and butter.

VITAMIN B

There are a number of B Vitamins. They aid digestion and appetite, steady the nerves and relieve one type of eye strain. They are found in wheat germ, liver, lean pork, whole grain breads and cereals, Canada Approved white bread, milk, eggs, green vegetables.

VITAMIN C

is necessary for healthy gums, teeth and blood vessels. The best sources of this vitamin are tomatoes, fresh or canned, and the citrus fruits, such as oranges, grapefruit and lemons. Good sources are fresh strawberries, potatoes (cooked in the skin), raw turnips and cabbage.

VITAMIN D

The sunshine vitamin is necessary for without it the minerals, calcium and phosphorus cannot do their work of building strong bones and teeth efficiently. It is the only vitamin of which enough cannot be supplied from ordinary foods. It can be obtained in summer through the action of the sun's rays on certain substances in the skin, and from fish liver oils such as cod liver oil which should be a part of all children's winter diet, and is required by some adults. In small amounts vitamin D is available in fat-fleshed fish like herring and mackerel, and in liver, eggs and irradiated milk.

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The Man or Woman You Could Be has plenty of energy—you will feel mighty good and full of pep.

We suggest that you drink plenty milk—at least a pint a day for every adult and more for children.

PERFECTION PRODUCTS LTD.
Operating
ROYAL DAIRY

.. BREAD ..

The energy food contains vitamin "B" and Iron that is so vital to your well being.

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Canada's Food Rules suggest from four to six slices (minimum) per day.

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KEEP THIS PAGE AS A GUIDE TO PROPER NUTRITION

Only Survivor Lives in Australia

Mrs. Janet Reid passed away at the Old Women's Home at O. Keele's Sliding on January 6. Mrs. Reid was born in Scotland, 74 years ago. Her only known survivor is a sister living somewhere in Australia.

Funeral services were held from the Salvation Army Citadel, on Friday afternoon, with Capt. A. F. Cartmell officiating. Funeral arrangements were taken care of by Winter and Winter.

Warner Bros. "Gay Sisters" To Appear at Capitol

Another great novel, "The Gay Sisters," has been brought to the screen by Warner Bros., who are noted for their fine treatment of important novels. The picture, which will be shown locally on Monday, Tuesday and Wednesday, January 18, 19 and 20, at the Capitol Theatre, has an exceptionally fine cast. In the leading role is fiery Barbara Stanwyck as the eldest of the three Gayford sisters, a sometimes fierce, brusque and level-headed person who thinks that sentiment is a silly emotion.

Thrills Experienced When Falkland Boys Girls, Receive Parcels

Acknowledgments Arriving by Each Overseas Mail

FAULKLAND, B.C., Jan. 11.—"I have just received the parcel you sent me from Falkland and I thank you very much. Your choice of articles couldn't be better and I would like you to express my appreciation to all the ladies who so kindly helped to make up these parcels to us boys over here. My brother Wilfred has written you by regular mail, acknowledging his."

The airmail, written by Pte. A. F. Vogel, son of Mrs. A. B. Lutz, was the first acknowledgment received from Overseas by members of the Boys' Comforts Club, that the parcels sent by them had arrived. The brother Wilfred, mentioned, is Pte. Wilfred Lutz, also Overseas.

"Whenever an armwoman," says AW. Marion Smith, "brings a parcel to the barracks she is, literally, mobbed—in this life it seems to be customary that we all share alike; and I may add that I love it."

"I sure feel fine when I realize that I am not forgotten round Falkland yet; we all enjoyed it very much; some of the boys have no homes of people, it couldn't have come at a better time, end of the month when my pockets are very slack; as I had moved here, it took some time to catch up with me but it caught up and it sure was swell. The name and number were correct, but the address was not but I got it anyway."

These excerpts from letters written by Ptes. R. Dent, V. F. Bohnen, Ross Kent, J. W. Hambrook, L/Sgt. D. Ferguson, Cpl. J. Jessiman,

Stoker Steve Hawes, A/C. J. Phillips, Spr. H. E. Churchill, and Fus. J. W. Tomkinson indicate something of what the people back home mean to the boys and girls in the various forces. There is tribute, too, to the army postal service. Approximately 40 Christmas parcels were sent by the Boys' Comforts Club to Falkland boys and girls scattered throughout two hemispheres and each week sees more acknowledgments arriving locally. The Club contributed a surplus of \$7.37 to the Red Cross which, together with other donations, enabled the Falkland branch to send \$40 to Kamloops headquarters last week.

Many of the younger people having left Falkland for the army, the navy and the air services, the Tennis Club is postponing some of its activity during the war. But the Club has found itself with surplus funds that the trustees feel should not lie idle. As a result a contribution of nearly \$25 is being allocated to the Red Cross.

Taxi Driver Fined For Not Stopping

Robert G. Carswell, operator of the Kalamalka Taxi, of Vernon, appeared before Magistrate William Morley in City Police Court, on Friday, January 8, charged with failing to bring his motor vehicle to a full stop where signs signify to stop, at the corner of Seventh and Dewdney Streets. The charge was laid out of an accident which occurred early on New Year's Day, after Mr. Carswell had been previously warned of the same violation of the law. Fine imposed was \$3 and costs.

Steven C. Pichie, truck driver employed by the Bennett and

Regulation Uniform Arrives for City's Air Cadet Squadron

At the Vernon High School the Easter term opened with renewed activity in the work of cadets. Time is taken off from regular school studies every Wednesday and Friday for school parades. These include the Army Cadet Corps, the Air Cadet Squadron and the Girls' Cadet Corps.

In addition to the regular parades, the Air Cadet Squadron hold weekly evening meetings. At present J. B. Beddome is giving a series of lectures at these meetings on the subject of meteorology. The examinations for the course given last term by J. E. Pugh on knots and splices will be held on January 15, and will be conducted by W. L. Pearson. Following Mr. Beddome's lecture last Thursday evening the cadets were issued with the regular uniform allotted by the Air Cadet League of Canada. The 31 boys in the squadron at the V.H.S. are now equipped with air force grey trousers, without cuffs; air force grey tunics and service caps with badges. Although the officers have no uniform as yet, it is expected that in time they will also be issued official garb.

Eight rifles, which were allotted to the Vernon Squadron from the Air Cadet League in Canada, have arrived with a quota of ammunition. Target practice will be held for the air cadets in the Vernon Civic Arena under the direction of Charles Still.

Tests on the use of coal gas to operate a two-stroke motor have allayed the skepticism of experts at Stockholm, Sweden. In experiments with a 200-ton motor, coal gas provided a higher speed than fuel oil and costs were cut 25 percent.

White Construction Co., also appeared in District Police Court, charged with operating his vehicle through the Military Zone at a speed exceeding the 15 mile per hour speed limit therein. He pleaded "guilty," and was fined \$5 and costs.

Tables Turned for Oliver Orchardist

OLIVER, B.C., Jan. 9.—Harassed for two seasons by a family of beavers that sabotaged his irrigation system by wrecking the waterwheel, fruit grower W. J. Smith, of Oliver, is now having his innings. For the time being the beavers have ceased to be Smith's enemies, and are now on his side. The industrious little animals that formerly caused him so much trouble are now working for Smith—cutting firewood. In the midst of a fuel-shortage, with wood and coal almost impossible to buy, this fruit grower has a plentiful supply of winter fuel—all cut by the beavers.

Upstream from their dam which Smith utilized by building a waterwheel there to hoist irrigation water for part of his orchard, the beavers during the last two summers cut a large number of poplar trees. Poplar bark is a favorite food of the beavers, especially the tender green bark at the top of the tree. The main section of the trunk is covered with coarse bark and is usually left by the beavers who remove the top and limbs, cut them into small sections, and drag them to the water to be stored for winter use.

Many of these trees have been cut and left by the beavers on the Smith ranch, and he is quite happy about it all, for here is winter fuel in abundance.

W/S Stamp Sales Nearly \$2,000 From High School

The campaign at the Vernon High School for the sale of War Savings Stamps and Certificates is one that is continuous. Weekly the students are reminded to invest their savings this way and to date since September the total sales have been \$1,930.75. The quota set by the War Savings committee for the school year is \$2,250. It is confidently hoped that this sum will be reached before Easter.

Hospital Auxiliary Dance At Enderby Raises \$238

Organization in Sound Financial Shape; Equipment Purchased Last Year

ENDERBY, B.C., Jan. 11.—Members of the Enderby General Hospital held their initial meeting of 1943 on Tuesday afternoon in the City Hall. A splendid attendance was present. After the regular opening, a report from the Treasurer showed that \$238 had been taken in from the dance on New Year's Eve, which made a total in the treasury to date of \$431. Also that 1942 showed a marked increase in dance proceeds which had been \$122.60 in 1940, and \$141.38 in 1941. Some \$75 expenses were shown. A vote of thanks was extended by President, Mrs. E. N. Peel, to all the members of the Auxiliary and residents who had assisted to make the dance such a huge success, and to local merchants for donations of goods.

An interesting and well-checked inventory was read by Mrs. King-Baker, who with Mrs. Tasse were on the inventory committee, and had made a complete check of all linen supplies in the hospital during the past year.

A report from Mrs. H. Walker and Mrs. Preston, of the buying committee, stated that one dozen gowns had been purchased and were on use in the hospital, and a vote of thanks was passed to the ladies of the Baptist Church, who did all the hospital mending during the past year, holding bees each month at the homes of various members.

Every Patient Remembered
Mrs. J. L. King reported that she and Mrs. Kope had placed Christmas trees in all the patients' rooms over the Christmas season, with gifts in addition for each patient from the Auxiliary. It was also decided by members present to hold any meetings in homes for the duration.

The secretary read a very interesting report showing the activities of the Auxiliary during the past year despite many other demands during war time. It read as follows: "For the Enderby General Hospital the year of 1942 had been a most gratifying and satisfactory one, and it is with pleasure that we report a financial balance of \$362 on hand at the beginning of 1943."

"Ten regular meetings were held with a fair attendance; there were also four special meetings and five sewing bees held during the year."

"We are especially grateful to the Baptist Women's Missionary Society who have held a bee each month during the past year to mend all hospital linens. This Society also undertook early in the year to completely redecorate the Hospital dining room, laying down new linoleum, as well as their own expense."

"The sum of \$20 was given the Hospital Board in February to help redecorate the Men's Ward, and on March 17 the Auxiliary held an 'At Home' at the hospital, which proved very satisfactory. A large number of people visited the hospital, who gave donations of food articles and money."

"The first Saturday in May was set aside for the annual Hospital Bazaar, and this too, proved successful, both from a social and financial viewpoint."

Hospital Equipment Purchased
"In September a sum of approximately \$100, was set aside to purchase operating room equipment, with which to administer oxygen, though, owing to war restrictions, this has not yet been available but will be purchased as soon as possible."

"In October, the Auxiliary voted the sum of \$50 to be given the Hospital Board to help pay for a large Frigidaire purchased by them. During December arrangements were made for the annual New Year's Eve Dance, which proved a huge financial success."

"Throughout the year fairly large sums of money were expended on linens and supplies for the hospital, and it is felt that the hospital now has a good stock of linens on hand with which to carry on into the coming year."

During the election of officers Mrs. King-Baker took the chair, when the following were elected: President, Mrs. E. N. Peel; Vice-President, Mrs. P. Rutland; Secretary, Mrs. H. L. Lantz; Treasurer, Mrs. W. Preston; Buying Committee, Mrs. W. Preston and Mrs. H. Walker; Convener of the Visiting Committee, Mrs. C. Parkinson; Inventory Committee, Mrs. King-Baker and Mrs. J. A. Thomas.

Mrs. Peel thanked the members for the excellent co-operation she had received during her past year's term of office and hoped that during the year 1943 the Auxiliary would be even more successful than in the past.

Miss Isobel Webb left at the end of the week for the Coast, where she will spend a visit with friends. A large number of friends of Mrs. George Armstrong, who has been visiting in Enderby with Mr. and Mrs. G. E. McMahon during the past week, have entertained in her honor at both tea and bridge, among them being Mrs. P. Dikson, Mrs. S. H. Speers, Mrs. M. M. Peel and Mrs. G. E. McMahon. Mrs. Armstrong left for Walla on Wednesday. Among other hostesses entertaining during the past week were Mrs. P. Dikson and Mrs. Henry Walker.

Mabel Lake and Enderby friends of William "Bill" Burris, an old time resident of Mabel Lake, who regret to learn that he suffered a stroke on Thursday and it was necessary for him to be brought to the local hospital for medical treatment. Local Skating Rink Flooded
The local Enderby rink has been flooded during the past week, and it is hoped that by using in charge to have skating just as soon as the weather is suitable.

Many younger skaters have been enjoying afternoons and evenings skating on the river bank near the newly erected foot bridge. A large bonfire is kept burning and the children are "burning" and have some hockey practice already. George Hughes left on Saturday for Trail, where he will be employed in the Trail Consolidated Smelting Company. George has been spending a few days visiting with his father and other friends

after his arrival from Yellowknife, N.W.T. before going on to Trail. Friends of Mrs. Jaquet will regret to learn that she was admitted to the Enderby General Hospital on Sunday evening, where she will receive medical care.

Friends of F. Cowan have been bidding him au revoir this week, before his departure on Monday for the Coast, where he will spend a two months' holiday visiting with friends.

J. Casorso, who has been managing the local Murray Meat Market during the past year was admitted to the local hospital this week.

Mrs. G. E. McMahon, accompanied by her sister-in-law, Mrs. G. Armstrong, left on Friday morning for Vernon where they spent the day, returning later accompanied by Mrs. McMahon's daughter, Miss Marjorie McMahon, who spent the week end in Enderby before returning to her teaching duties in Vernon.

Friends of Mrs. R. "Bob" Treat, of Skowogue, will soon learn that she was admitted to the Enderby General Hospital last week.

Members of St. Andrew's United Church are making final arrangements for the annual church meeting, which will be held in the basement of the church on Thursday evening, January 22. Reports from various church organizations of Enderby and Hullaer will be read.

Members of the United Church Ladies' Aid Society held their monthly meeting on Wednesday afternoon at the home of Mrs. Charlie Parkinson. The meeting was held at a week earlier this month due to arrangements having to be made for the Board of Trade annual dinner which the Ladies' Aid are catering for on Wednesday evening.

Wood Awaits Hauling
Harry Danforth and crew have been loading two carloads of birch logs for immediate shipment. The local yards are quite empty this month but considerable quantities of material has been cut in the woods and are awaiting hauling, as soon as the local bridge is completed sufficiently for travel. With this as the only means of transportation across the river to the yards, other than the 18 miles around by Grindrod and across the bridge there, practically no hauling has taken place the past few months, as the extra distance increases the cost. Some fine loads of logs were brought in from the limits on Saturday, using this longer route of transportation, ready for the shipping demand. The bridge crew are now driving the last row of piling, and all the timber for further erection has been cut.

Mayor Charles Hawkins has been busy this past week or so completing a carpenter contract for F. Borstel, on his farm a mile or so north of town.

"The first Saturday in May was set aside for the annual Hospital Bazaar, and this too, proved successful, both from a social and financial viewpoint."

"We are especially grateful to the Baptist Women's Missionary Society who have held a bee each month during the past year to mend all hospital linens. This Society also undertook early in the year to completely redecorate the Hospital dining room, laying down new linoleum, as well as their own expense."

"The sum of \$20 was given the Hospital Board in February to help redecorate the Men's Ward, and on March 17 the Auxiliary held an 'At Home' at the hospital, which proved very satisfactory. A large number of people visited the hospital, who gave donations of food articles and money."

"The first Saturday in May was set aside for the annual Hospital Bazaar, and this too, proved successful, both from a social and financial viewpoint."

Hospital Equipment Purchased
"In September a sum of approximately \$100, was set aside to purchase operating room equipment, with which to administer oxygen, though, owing to war restrictions, this has not yet been available but will be purchased as soon as possible."

"In October, the Auxiliary voted the sum of \$50 to be given the Hospital Board to help pay for a large Frigidaire purchased by them. During December arrangements were made for the annual New Year's Eve Dance, which proved a huge financial success."

"Throughout the year fairly large sums of money were expended on linens and supplies for the hospital, and it is felt that the hospital now has a good stock of linens on hand with which to carry on into the coming year."

During the election of officers Mrs. King-Baker took the chair, when the following were elected: President, Mrs. E. N. Peel; Vice-President, Mrs. P. Rutland; Secretary, Mrs. H. L. Lantz; Treasurer, Mrs. W. Preston; Buying Committee, Mrs. W. Preston and Mrs. H. Walker; Convener of the Visiting Committee, Mrs. C. Parkinson; Inventory Committee, Mrs. King-Baker and Mrs. J. A. Thomas.

Mrs. Peel thanked the members for the excellent co-operation she had received during her past year's term of office and hoped that during the year 1943 the Auxiliary would be even more successful than in the past.

Miss Isobel Webb left at the end of the week for the Coast, where she will spend a visit with friends. A large number of friends of Mrs. George Armstrong, who has been visiting in Enderby with Mr. and Mrs. G. E. McMahon during the past week, have entertained in her honor at both tea and bridge, among them being Mrs. P. Dikson, Mrs. S. H. Speers, Mrs. M. M. Peel and Mrs. G. E. McMahon. Mrs. Armstrong left for Walla on Wednesday. Among other hostesses entertaining during the past week were Mrs. P. Dikson and Mrs. Henry Walker.

Mabel Lake and Enderby friends of William "Bill" Burris, an old time resident of Mabel Lake, who regret to learn that he suffered a stroke on Thursday and it was necessary for him to be brought to the local hospital for medical treatment. Local Skating Rink Flooded
The local Enderby rink has been flooded during the past week, and it is hoped that by using in charge to have skating just as soon as the weather is suitable.

Many younger skaters have been enjoying afternoons and evenings skating on the river bank near the newly erected foot bridge. A large bonfire is kept burning and the children are "burning" and have some hockey practice already. George Hughes left on Saturday for Trail, where he will be employed in the Trail Consolidated Smelting Company. George has been spending a few days visiting with his father and other friends

AN ALTERNATIVE SPEECH ON TEMPERANCE

On Wednesday, December 16th, the Prime Minister broadcast a speech on Temperance. Canadian Breweries Limited respectfully submits to the Prime Minister what it considers would have been a more suitable speech. It does so, not from any profit motive, since its profits are already controlled by the excess profits tax, but out of a desire to retain the public's respect for its industry and those engaged in it.

THE use of beer, wine and spirits has for long been a controversial subject in Canada and from time to time your government is called upon to find a point of harmony between those who do not drink at all and would like all those beverages prohibited, and those who drink moderately and resent any interference with their liberty. If such a point of harmony could be found, and the whole subject put outside politics and religion, it would be a good thing for Canada's unity in wartime, and later, in peace.

It is important to decide whether or not this should be a moral issue or whether we should look upon drinking in the same light as eating and smoking. The evidence before me shows that many Canadians indulge moderately in beer and spirits. These consumers, as well as those who manufacture the beverages, resent the implication that they are not good Christians.

I think the issue becomes a moral one only at the point where individuals drink excessively and become a nuisance. All parties should be able to agree on this. Let us say therefore, that moderation is the ideal which all good Canadians are eager to attain.

The next thing to determine is whether or not ours is a temperate nation. I have every reason to believe that it is. I know that we consume less beer in Canada, per capita, than they do in Great Britain and the United States. This being so, the problem reduces itself to one of dealing with a few irresponsible people who give the advocates of prohibition a falsely dramatic impression of current conditions.

My attention is drawn to the increased sales of beer and spirits since the beginning of the war, but these increases are only at half the rate of the rise in the National Income. Many workmen are now busy who before were idle and penniless.

Let me say at once, there's no question of any unwillingness on anyone's part to make sacrifices for the war, least of all among the brewers who co-operated in every way possible and I am sure will continue to do so. But it should be pointed out here that fifty men can produce a million gallons of beer, and the basic raw materials necessary to supply the whole of Canada's need of beer are available locally in abundance. Any curtailments that do become necessary we will make with precisely the same attitude and impartiality shown to other consumer goods. The one thing I always regret when restrictions are made is that moderate people are invariably the ones to be deprived.

There is a great deal of medical evidence to prove that a hard-working man who drinks beer moderately, not only nourishes his system, but relieves the nervous and physical strain of his busy day. No one will want to deprive him of this form of relaxation, nor to make its availability so difficult that a

worker on a night shift will have to resort to a bootlegger to get his drink. It is important that in this part of the British Empire we retain as high a reserve as possible of physical and nervous energy. We must encourage every form of wholesome relaxation to relieve the strain of war.

So far as the army is concerned I am certainly not going to put myself in the position of saying that a soldier who is old enough to fight and kill is too young to choose his refreshments with good judgment. Here again the reputations of many are spoiled by the few.

It has been suggested to me that I should ban liquor and beer advertising but how could I in fairness do that when we continue to permit other manufacturers, whose goods are rationed or in short supply, to maintain their advertising in order that they may keep their trade names before the public. Furthermore, no one will want me to banish English and American periodicals from Canada. Most of them carry advertisements for brands on sale in this country. How could we ban such advertising in our own publications and allow them in those from the United States.

In conclusion let me say this: Everyone of us has his own ideas of what character our fast growing nation should develop. As our urban centres grow there are bound to be differences of opinion between people of some rural districts and those in the large cities of what civic rights shall be allowed to the people. Our laws must be so designed as to allow to each as much freedom of choice and self reliance as possible. Some sections of the population look askance on dancing theatres, smoking, drinking and many types of literature.

Let us resolve therefore not to force the views of one section of the community on the other. When a reasonable self-reliant people have an unreasonable law imposed upon them they simply ignore that law with disastrous results to the legal institutions of the country. We learned this at bitter cost during prohibition years. The greatest friend of temperance would not want to greet our men's return from abroad with the evil spectacle of prohibition.

I am convinced we cannot force the principle of moderation but we can teach it. I appeal to all in this nation to be temperate in everything they do in order that we may exert the maximum impact on the enemy. In particular I appeal to brewers and distillers and those interested in true temperance to join forces and use every additional means at their disposal to spread the principle of moderation. I appeal to the provincial authorities to so frame the regulations for retail sale that the business will be conducted in the open and on the highest ethical standards and not driven underground and to the bootleggers. Surely this is an effort to which all parties can agree harmoniously.

Canadian Breweries Limited

COLDS REDUCE YOUR EFFICIENCY



Stay on the job by building up your resistance to colds and infection. Take Scott's Emulsion regularly. This great tonic and food supplement contains essential elements that everyone needs to tone up the system, to build stamina for vital war work. Pleasant-tasting; economical, rich in natural vitamins A and D, Scott's Emulsion is highly recommended by every member of the family. Buy today—all drug stores.

SCOTT'S EMULSION

BRUSH-UP ON YOUR FURNITURE




In times like these we must do everything we can to make the things we have last as long as possible.

Those pieces of furniture that look ready for the scrap heap can be made to look like new with a coat or two of SATIN-GLO ENAMEL. For the best in Paints and Wallpaper see E. MATTOCK

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As a Pick-me-up
when
Nerves
are Jumpy
and you are
Tired
Worried
Irritable
... use



Dr. Chase's Nerve Food
CONTAINS VITAMIN B1

Two City C.W.A.C. Recruits Graduate

Among the 29 recruits from B.C. who graduated at Vermilion C.W.A.C. basic training centre, on Friday, January 8, were two Vernon girls, Pte. Edith Hale and Pte. Jean Knight.

Both girls enlisted late in the fall and have since taken intensive training, which includes lectures, route marches and elementary foot drill.

These girls are now capable of relieving men in the army for a more active type of defense work.

Baby buggies holding twins are numerous in Moree, Australia, which now boasts the lowest death rate and the highest birth rate of any town in New South Wales. The local undertaker is also a furniture manufacturer and makes baby carriages.

Mrs. W. Pixton is Re-Elected O.K. Centre W.I. Prexy

Mrs. H. Macfarlane, 1943 Secretary; Over \$20 in Hand; Many Activities

OKANAGAN CENTRE, B. C., Jan. 11.—The annual meeting of the Okanagan Centre Women's Institute was held at the Community Hall on January 7, with the President, Mrs. W. Pixton, in the chair. Election of officers for 1943 was as follows: Mrs. H. Macfarlane, Secretary, being re-elected unanimously. Members for 1943 are: Mrs. H. Macfarlane, Vice-President; Mrs. H. Van Ackeren, Mrs. E. Nyuens, and Miss J. MacLennan, Directors.

The Secretary read the Financial Statement which showed a balance of \$22.11. Expenditures amounted to \$258.84. During the year donations were given to the Salvation Army, Kelowna Hospital, Rod and Gun Club, Spitzro Fund, Hostess Club, Kelowna Bombed Britons' Sewing Circle. The President, in her report, gave a resume of 1942 activities. These included reports of three sewing circles. Among the guest speakers during the year were: Rev. A. H. Lett, B. C. Minister of the Gospel; Miss Prith, District Nurse of Kelowna; A. Atkinson, of Summerland Experimental Station. Two sales were held during the year which greatly augmented Institute funds.

The entertainment committee also helped the funds with a play. The hostesses were Mrs. W. Pixton and Mrs. H. Macfarlane.

Flag Denotes Patriotism of District. Union Jack now hangs in the Community Hall. This flag was given to N. H. Caesar during the last Great War on behalf of this district to mark its generous contribution of \$25,000 towards the Victory Loan of 1917. N. H. Caesar was the collector. The community are proud of the flag and hope to emulate the efforts of past years.

The Badminton Committee, under the leadership of the President, Miss Ellen Gled, organized a New Year's Eve party. Past members were invited and joined in badminton. Guessing contests and a "quiz game" were enjoyed by all. Refreshments were served by the ladies of the committee.

Miss Joan Bond has returned from Nelson and is now demonstrating in the Singer Shop, in Kelowna.

Miss Mary Watt has returned to her school duties, after spending the holidays in Kamloops.

Miss Doris Gled has returned to her position in the Kelowna High School, after spending the holidays with her parents, Mr. and Mrs. J. Gled.

Miss Welch, who spent the past two weeks in Kamloops, has returned to the Centre.

Mr. and Mrs. Albert Whitehead are back in the district after a visit to Calgary with Mrs. Whitehead's parents.

Mr. Summerford, of Glenmore, is visiting Mr. and Mrs. H. Berneau.

Miss Pat Chisholm has returned to St. Ann's Academy, Kamloops, after a holiday spent with her parents, Mr. and Mrs. R. Chisholm.

Miss Ruth Nyuens has resumed her studies at the Vernon High School. She is staying with her grandparents, Mrs. E. Nyuens.

Mrs. Frank Parker has accepted a position in the Royal Bank, Kelowna, while her husband is Overseas. She recently received a cable telling of his safe arrival.

Mr. and Mrs. H. Van Ackeren and daughters, Joan and Valerie, spent the Christmas and New Year holidays in the East Kootenays. During their visit they stayed with Mr. and Mrs. Van Ackeren, Sr., at Canyon and with Mr. and Mrs. Wilson, parents of Mrs. Van Ackeren, at Sirdar.

Mr. and Mrs. D. Ulrich, and daughter, Ethel, have returned from the prairies where they spent a vacation with relatives.

When washing bottles that have contained sour milk, use some baking soda in the bottle. Pour hot water over the soda, and shake well. Then rinse in cold water, and the bottle will fairly shine.

A Friendly Chat

Among Women

By Cousin Rosemary

Now the holidays are behind us, children back to school, wash day, Monday, and no more late hours, it is a good time to do some honest to goodness plain sewing before the next upheaval looms over the horizon, which is spring cleaning. War or peace, things wear out, houses get dirty, children grow, and it is not a bit too soon to start looking over wardrobes, household linens, drapes, and such stationary fixtures, so to speak.

First of all, our equipment needs more looking after than has ever been the case. Sewing machines should be kept clean and dusted. Don't let your children have your sharpest scissors for cutting paper; even needles should be kept track of; and as for pins! They are practically impossible to obtain in England, and are becoming scarce here too. Harking back to the sewing machine, keep the cover on when not in use, and after sewing such fabrics as flannelette, dust carefully, as "dressing" and what our Scotch friends call "oosie" comes off through handling.

If any sheets are showing signs of wear, this is a good time to turn them "sides into middle," which saves the flannel on the inside. Blankets which have perhaps been in use since the children were quite small, can be treated in this way. This necessitates hand sewing, but the results are well worth the time expended. All you can dispense with there, altogether, the make good interlinings for the patchwork quilts your group or circle are always piecing.

Pyjamas and night wear can be made now. Even summer sleepwear can be run up to time when the weather comes, it brings a hundred and one things in its train.

Look to your slip covers, cushions and drapes. If the former need replacing, this is the time to see about it. Patterns and instructions can be obtained, and your whole room can be transformed by covers in your favorite shades. If you are going to need new drapes, you can get the materials chosen and curtains made. Think what a joy it will be when spring cleaning time is here to know these things are ready to use.

Foods for Winter

With January winds and weather, it is most vital that everyone should have the foods required to keep their systems up "to the mark," that resistance to colds and attendant ailments may be built up.

One of the best forms of nourishment is the old fashioned product of the soup kettle. Made with fresh bones, flavored by a combination of vegetables which are to be had in abundance in this most favored land. A friend of mine, who is a past master in the art of making soup, uses shin bones and a piece of veal shank in the same boiling. Well made soup is not a hit-and-miss business; but if it is carefully assembled, fat skimmed off and properly flavored, it is "bath meat and drink," as Scotch folk say of their famed haggis. If adding split peas or lentils, soak these over night. Soup made from fresh bones, fresh vegetables, (put through meat chopper), and either of the above dried ingredients, should simmer all day.

If making a quantity, remove bones, which by this time should be boiled white, and add the "green" bowls in refrigerator. What is needed can be heated as required. Looks make a very delicious addition, and are of a more delicate flavor than onions. Macaroni can be added, and a small amount of canned tomato also adds color and character.

A local butcher said to me the other day that he had cheap cuts of meat in plenty, but no steaks.

More workers are needed at the Vernon Red Cross work-rooms. There has been difficulty this past year in getting sufficient workers. Many workers have added home responsibilities because of lack of help and others are at work. Still others have lost some of their first enthusiasm. These factors and other similar ones add up to a need for more workers in the Red Cross work-rooms.

To complete this difficulty, a very successful year's work has been accomplished, Mrs. F. G. deWolf, Secretary of the Vernon Branch, reports that 22,337 garments have been completed. This shows an increase of 7,000 articles over last year's work.

This total includes coats, trousers, hats, and supplies for the Women's Auxiliary Services, Red Cross materials have been used to make 2,023 garments of Civilian Relief clothing, while 907 articles made from new material have been donated. Fifty-four quilts and five blankets are included in these donations.

One hundred and seventy articles have been made for the Military Hospital at Vernon.

Work at the Red Cross work-rooms has continued all through the year, with the exception of one week off at Easter and two weeks at Christmas.

There is a real need for another sewing-machine at the work-rooms. Time was when a new machine could be bought, but things are different now. Any person in Vernon or district who has a sewing machine which is not being used, is asked to get in touch with the Red Cross workers.

A meeting of all the women of Vernon and district will be held next Monday afternoon, January 18. The work of the past year will be reviewed and plans for 1943 will be discussed. Every woman in Vernon and district is most anxious to help relieve sufferings caused by war. Working with the Red Cross gives this opportunity to assist suffering humanity. A large attendance at the Monday afternoon meeting is asked. It is important that every woman's organization be represented.

or roasts off the hind quarter. There is just as much nourishment in the forequarter, as in T-bone steaks and silver-tip roasts; so those of you who have a fire on in the range all the morning, take advantage of the pot roasts, pot pies, even the homely but appealing stew. This latter made by taking the oven in the good old bean pot makes a dish for an epicure. Brown the meat after dredging in flour, add a very small quantity of water, and vegetables, and cook slowly all day, if you can.

If you have the fire on, don't forget the one bean pot. Soak the beans overnight, this facilitates cooking. And while on the subject of food, the following notes regarding sugar come from a Coast daily:

Stretching the Sugar Ration. Watch where the sugar goes in your family. How much is used in tea? In coffee? On cereals? In cooking? Cut down where it will cause the least inconvenience. If sugar is used in beverages, stir until it is all dissolved.

Don't experiment with the sugar ration—use tested recipes. Cut down the amount of sugar in favorite recipes whenever possible. If there are raisins or dried fruit in cake or muffin recipes, cut down on the sugar. Try an extra sprinkling of salt in cooking. Salt brings out the flavor of many foods.

Bake fruits with little water and baste in their own syrup.

Serve more hot desserts—they seem sweeter than cold ones. Add sugar to stewed fruit after cooking and while it is still warm—less will be needed.

Successful Financial Year for Armstrong Missionary Society

ARMSTRONG, B. C., Jan. 11.—At the annual meeting of the Western Canadian Society of Zion United Church, held in the Church parlour recently, encouraging reports were given by the departmental secretaries. The treasurer's report showed a considerable surplus over the Presbyterial allocation. This money was voted toward the Money Objects Missionary Fund.

Mrs. E. J. Love, under whose leadership meetings have been well attended during the past year, was re-elected President for 1943. Mrs. J. E. Jamieson acted as chairman for the election, which resulted as follows: President, Mrs. Love; first Vice-President and Chairman of the program committee, Mrs. J. M. Fulton; second Vice-President and Chairman of the membership committee, Mrs. C. Hill; third Vice-President and Chairman of the co-operation committee, Mrs. J. E. Jamieson; recording secretary, Mrs. W. H. Mills; corresponding secretary, Mrs. J. Z. Parks; Treasurer, Mrs. N. Griffith; Christian stewardship and finance secretary, Mrs. W. F. Youngblood; community friendship secretary, Mrs. E. A. Norman; associate members secretary, Mrs. C. Empey; temperance and citizenship secretary, Mrs. C. Patton; supply secretary, Mrs. J. D. Shear; press secretary, Mrs. C. Hoover; literature secretary, Mrs. A. Sheardown; organist, Mrs. S. R. Heal; and nominating committee, Mrs. Hill, Mrs. Patton and Mrs. Jamieson.

Baptist Union Executive William Danahall acted as chairman during the election of officers at the annual business meeting of the Baptist Young People's Union. After a short devotional period the following were elected officers for 1943: Miss Mary Aslin, President; Albert Haller, Vice-President; Miss Mamie Danahall, Secretary; Miss Pritha, Treasurer; Assistant Secretary-Treasurer; Miss Elsie Ohapko, reporter, and Miss Gretchen Dagner, organist.

Mr. and Mrs. H. Stephens' small grand-daughter, Miss Heather Stephens, arrived from Kamloops, last Wednesday to spend some time here with her grandparents. She was accompanied by her father, Lorne Stephens, who returned to his home the same day.

Times of general calamity and confusion have ever been productive of the greatest minds. The purest are produced from the hottest furnace, and the brightest thunderbolt from the darkest cloud.—Colton.

Miss Gwen Cadden Honored at Mara

Unique Arrangement For Shower; Pink and White Decorative Motif

MARA, B. C., Jan. 10.—A shower was held last Saturday afternoon, at the home of Mrs. George Bell, in honor of Miss Gwen Cadden, whose marriage to Pte. Frank Stepp, of Hamilton, Ont., takes place during this month. A number of friends and relatives attended. The dining room was decorated with pink and white streamers and large white bells. Mrs. G. Bell, dressed as a laundry maid, entered the room and escorted the bride elect to a couple of large wash tubs, complete with stand, soap and rubbing board, with instructions to take a lesson in washing clothes. Both tubs had been tied to overflowing with many gifts, including silverware, linen, glassware, kitchen utensils, also a sheep wool comforter.

During the afternoon, dainty refreshments were served to the guests by Mrs. Bell, Miss Evelyn Bell, Mrs. R. Robertson, and Mrs. J. Callens. The guests were later entertained with a song, "Johnny Sands," by Mrs. Macready, and a recitation by Mrs. R. Robertson.

Out-of-town guests who attended were, Mr. and Mrs. James Bell and Evelyn from Armstrong; Mrs. H. Stepp, Mrs. Roy Finlayson and Mrs. Monte Stepp, of Slocan.

Mrs. C. B. Robson, and baby daughter, left on Saturday evening, for Sydney, V.I., where she will join her husband, Cpl. C. Robson. Mrs. Robson will make her home there for some time; her mother, Mrs. W. Kenyon, travelled as far as Slocan, with her.

Mrs. Jimmy Sutherland arrived last Tuesday, from Lacombe, Alta., to spend several weeks here with Mr. and Mrs. J. B. Sutherland.

Mrs. J. E. Cadden and Mrs. C. P. Kilt were visitors to Enderby last Friday.

Mr. and Mrs. H. Stephens' small grand-daughter, Miss Heather Stephens, arrived from Kamloops, last Wednesday to spend some time here with her grandparents. She was accompanied by her father, Lorne Stephens, who returned to his home the same day.

Times of general calamity and confusion have ever been productive of the greatest minds. The purest are produced from the hottest furnace, and the brightest thunderbolt from the darkest cloud.—Colton.

Royal Canadian Air Force recruiting officials announce that the age limit for airgunners has been raised from 32 to 38 years. Age limits for pilots, navigators, bombardiers and wireless operators are as before, 17½ to 32.

ITCH STOPPED
For quick relief from itching of eczema, psoriasis, hives, a foot, scales, scabies, rashes and other skin troubles, use fast-acting, cooling, and soothing, liquid D. D. D. Prescription. Creams, ointments, and powders, and quickly stop itching. The lotions prevent the return of the rash. Your druggist today for D.D.D. PRESCRIPTION.

FULL-BODIED SMOOTHER MELLOWER
Here's the Reason



VALUES CONSERVED

By an exclusive brewing process, we conserve the vital values in brewer's yeast—give you a COMPLETE beer—the finest beer you ever tasted.

"IN B. C. IT'S V.C."

Phone 267 for Free Delivery
ORDER THE BEER THAT GIVES YOU MORE
CAPILANO BREWING CO. LTD., VANCOUVER, B.C.

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SLOAN'S Family LINIMENT
quick relief for
STIFFNESS, SORENESS, PAINS FROM BRUISES, BUMPS, ACHES, CHEST COLDS AND STRAINS

NO RUBBING JUST PAT IT ON

They taste better—They are better

OGILVIE Cereals

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THE OGILVIE FLOUR MILLS COMPANY LIMITED

Ogilvie OATS
Ogilvie 'BLENDES'
Ogilvie WHEAT-HEARTS
'TONIK' WHEAT GERM

IF IT'S 'OGILVIE' IT'S GOOD!

You MUST REGISTER ON, OR IMMEDIATELY AFTER, YOUR 16 TH BIRTHDAY!

THIS IS TO REMIND YOU that within thirty days after attaining your sixteenth birthday you are required by law to attend at any Post Office in Canada and obtain from the Postmaster your National Registration certificate.

If you have reached your sixteenth birthday, and, by chance, have not registered, you should do so at once.

If you change your address after registering, you must report the change on a card available at any Post Office.

All registered persons are required by law to have their registration certificates in their immediate possession at all times. You may be required to produce your registration certificate, by the proper authorities, at any time.

It is a patriotic duty to comply with the National Registration regulations. You will avoid substantial penalties by doing so.

HUMPHRY MITCHELL, Minister of Labour, Ottawa

MINARD'S LINIMENT
For common ordinary sore throat
JUST RUB ON
"KING OF PAIN"

THROAT SORE?

NEED MORE WORKERS
More workers are needed at the Vernon Red Cross work-rooms. There has been difficulty this past year in getting sufficient workers. Many workers have added home responsibilities because of lack of help and others are at work. Still others have lost some of their first enthusiasm. These factors and other similar ones add up to a need for more workers in the Red Cross work-rooms.

Red Cross Need More Workers

DAILY QUAKER OATS BREAKFAST HELPS MAKE UP MEAT SHORTAGE!

Authorities Agree Whole-Grain Rolled Oats Leads Nature's Cereals in Proteins and Vitamin B₁

Help protect your family's health and vitality, and your children's growth, when meat is scarce or expensive; serve delicious Quaker Oats every day! *It is high in protein and aid in building!* As high, ounce for ounce, as pork chops! Higher than whole eggs! Higher than any other cereal! Furthermore, Quaker Oats is "triple-rich" in Vitamin B₁, contains, in fact, the entire Vitamin B complex. Quaker Oats is economical, too, and cooks in a jiffy! Serve it for breakfast, every day!

Start Today Serving Your Family

QUAKER OATS
Truly Canada's Favorite Breakfast Food

FRY'S COCOA
Leads in Quality

YOUR BREAD CAN'T BE BEATEN!

ROYAL YEAST CAKES

ROYAL YEAST CAN'T BE BEATEN!

Makes Bread that's rich, delicious, light-textured, tasty, more digestible! ALWAYS FULL STRENGTH, ALWAYS DEPENDABLE

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KOTEX
25c - 85c

Alka-Seltzer
for colds
LARGE SIZE is most economical
29c SMALL PKG.
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Neo-Chemical Food
YOUR CHILD NEEDS for HEALTH
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Check your baby needs—Mother!

Johnson's Baby Products

BABY POWDER Small - 28¢ Large - 55¢
BABY SOAP Regular - 60¢ Economy - 1.10
BABY CREAM Tubes - 30¢ Jars - 55¢

CARRY ON!
217 tablets
Relieve COLDS Quickly Safely
35¢ 75¢ 1.10

Blue Gillette Blades
5 for 25¢ 10 for 50¢

Dr. Funder's for Hyperacid STOMACHS
Do you suffer from this acid condition? Do you have heartburn and indigestion? Do you have a sour taste in your mouth? Do you have a burning pain in your stomach? Do you have a feeling of fullness after eating? Do you have a feeling of weakness? Do you have a feeling of nervousness? Do you have a feeling of anxiety? Do you have a feeling of depression? Do you have a feeling of hopelessness? Do you have a feeling of despair? Do you have a feeling of death?

BAND-AID
ADHESIVE BANDAGES

For quick first aid -

Of Interest To Women

Miss E. McAllister Honored at Lumby

LUMBY, B.C., Jan. 12.—Sixty friends of Miss Eileen McAllister gathered to honor her at a shower in the Parish Hall, on Monday evening, January 11. The shower was arranged by members of the Catholic Women's League.

Numerous beautiful and serviceable gifts were presented in a large pink and white decorated basket. Assisting Miss McAllister at the head table were Mrs. J. V. McAllister and Mrs. John Gallon.

After opening the gifts, Miss McAllister expressed her appreciation, thank them for their thoughtfulness.

Refreshments were served later in the evening by Miss Pearl Ward, Mrs. A. J. LeBlanc, Miss Jacqueline LeBlanc, Miss Antoinette Bourcet, Miss Doreen Hadley, and Mrs. D. Gallagher.

Miss McAllister's marriage to Larry Weir will take place quietly on Thursday afternoon, January 14.

Nurses Assn. Hear Value Of Dehydration in War

Miss A. Stevens Compares Diets Of Three Wars

In keeping with the Nutrition campaign, which is being launched during the month of January, in all parts of the Dominion, the meeting of the Registered Nurses' Association considered food values. Special attention was paid to dehydrated vegetables. Miss Alice Stevens was guest speaker and the meeting was held in the Nurses' Home, on Wednesday evening, January 6.

Armstrong W.I. Re-Elect Mrs. W. H. Mills Prexy

ARMSTRONG, B.C., January 11.—Mrs. W. H. Mills was re-elected President and Secretary-Treasurer of the Women's Institute, at the annual meeting held recently in the Forester's Hall.

The Secretary's report showed a membership of 20, with an average attendance of 11.1. Ten regular, and nine Directors meetings were held during 1942.

Many money-raising projects had been engaged in during the year, including a supper; catering for the Co-operative Society's annual luncheon meeting; tea and produce sales, and raffles. Quilling bees had been held monthly, and flowers and fruit taken to any sick members.

Questionnaire as to Vacant Rooms

A questionnaire relative to available empty rooms, and the nature of such accommodation, will shortly be mailed to every householder in Vernon. This course is being taken in an endeavor to bridge the gap between those citizens with an empty room in their homes, and the soldier's wife who finds herself in this city with nowhere to go. A representative gathering of all women's organizations in Vernon, called by the Women's Regional Advisory Committee, last Friday, decided upon this course of action.

Presiding at the meeting was Mrs. R. H. Urquhart. It was held at the invitation of Miss A. Clarke, at the Y.W.O.A. Hostess House on Seventh Street, and was the first meeting called by this organization since its inception in the fall. Upwards of 30 ladies attended.

In her opening remarks, Mrs. Urquhart thanked Miss Clarke for offering the Hostess House for the meeting. The Government, realizing something had to be done with regard to accommodation for soldiers' families, had placed the problem with the W.P.T.B., who in turn, had given the Women's Regional Advisory Committee power to act on their behalf, said Mrs. Urquhart. Elected at the meeting to draw up a comprehensive list of questions, besides Mrs. Urquhart and Mrs. M. E. Godfrey, President and Secretary respectively of the Regional Advisory Committee, were Mrs. John White, Mrs. P. R. Finlayson, Mrs. W. A. Middleton, and Miss A. Clarke.

READY TO MAIL! Special OVERSEAS Package COOKIES 64¢

H IS FOR HAMSTER



The Hamster is a rodent found in Europe and Asia. It has large cheek pouches and lives in burrows which it stocks with supplies of grain.

H is also for HOME

... and what could give greater pleasure and peace of mind than to relax after a good day's work — to sit at ease, in comfort and at home?

How important, too, well-chosen furnishings can be to make that comfort complete — to give a feeling of pride when you look around your own little kingdom.

Through the medium of Mail Order Catalogues, EATON'S brings all of those things that go to make up a home within easy reach of Canadian farm families — Furniture — Curtains and Draperies — Floor Coverings — Accessories. You'll find them all in EATON'S Catalogue.

Shop from EATON'S Catalogue — "A STORE BETWEEN COVERS"

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Visit our **ORDER OFFICE** Barnard Ave. Vernon, B.C. TELEPHONE B4

The Wise-birds Cry:



there's no better buy than...

3 STAR RYE

13 oz. 25 oz. 40 oz.
\$1.45 \$2.70 \$4.15

BRITISH COLUMBIA DISTILLERS' ASSOCIATION

Have your favorite glass in party needed. Have all bottles and glassware and have your Salvage Committee collect.

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Grindrod W.I. Re-Elect Mrs. Fyall Prexy

GRINDROD, B.C., Jan. 11.—The annual meeting of the Grindrod and District Women's Institute was held in the Institute Hall on January 6 with 12 members and one visitor present. Mrs. White took the chair while the election of officers was in progress. All the officers of the last year were re-elected, as follows: President, Mrs. Fyall; Vice-President, Mrs. Fyall; Secretary, Miss M. Bing; Directors, Mrs. Egan and Mrs. McEwen. All conveners were likewise returned. The auditors' report showed that receipts for the year totalled \$245.30, expenses \$170.24, leaving a balance in hand of \$75.12. Miss Bing presented the annual report of the year's activities, which showed a declining membership list, owing chiefly to war conditions. Ocoon for the school children had been provided as usual during the cold weather. One dollar's worth of tobacco and cigarette papers was distributed to each member from the district. Ocoon and in the case of non-smokers, packages of candy, fruit and razor blades. Throughout the year donations were made to the Salvation Army, the W.I. Radio Fund, Ocoon Scott Fund, British Children's War Service Fund, Red Cross sugar and canned food, as well as to the schools and hospitals.

A completion of school children's gardens resulted in prizes to the value of \$9.50 were given in the form of War Savings Stamps.

During the year a Boy Scouts group was formed and three Institute members chosen to act as an advisory committee.

A great deal of Red Cross work has been done by the Institute members, comprising in part the following: 44 pairs socks, 25 pairs handkerchiefs, 10 pairs two-way mitts, 2 pairs five mitts, 5 body bolts, 2 sleeveless sweaters, 3 children's suits, 2 children's dresses, 3 boleros, 2 women's sweaters, 4 pairs women's gloves, 1 pair pants, 1 pair children's pants, 1 pair children's shoes, 1 pair children's slippers, 11 pairs pajamas, 12 Red Cross bags, 3 pairs pants, 1 child's waist, 2 babies' quilts, 2 baby blankets, 3 alps, 1 pair pillow cases, 2 pair combinations, 1 handkerchief.

One large wool-filled quilt was made and presented to the Bombed Britons' Society of Mann, and many parcels of old clothes were collected and sent there also.

After the meeting the members entertained the school teachers, Mrs. Nelson and Miss Grayson at tea.

Miss Kay and Irene Bailey have returned to Kamloops where they are attending school.

Miss M. Bing is spending several days leave at her home near the Coast after spending several days at her home.

Mr. and Mrs. J. Strickland are being congratulated upon the birth of a son on Saturday last, in the Pandory Hospital.

Miss M. Jeffers Weds Sergt. "Bill" Evans

Calgary Church Venue of Ceremony; Formal Attire For Bride

St. Mary's Church, Calgary, was decorated with evergreens and Christmas candles for the wedding, held during the Christmas holidays in that city, when Madlyn, eldest daughter of Mr. and Mrs. R. L. Jeffers, of Calgary, was united in marriage with Sgt. Clifford William "Bill" Evans, R.C.A.F., of Vernon, and Mrs. C. C. Evans of this city.

For her wedding the bride chose a formal white tulle gown, and carried a bouquet of calla lilies. A long net veil was caught with a cluster of small white mums. Her attendants were the sister of the groom, Miss Betty Evans, wearing a soft, shell-pink sheer frock with lace, carrying a bouquet of Tallman roses; and Miss Yvonne Bell, of Calgary, in azure blue sheer. The groomsmen were Sgt. Laurie Jeffers, brother of the bride, and Sgt. Clifford Evans, brother of the bride. Attending the wedding from Vernon were Mr. and Mrs. C. C. Evans, parents of the groom.

Following the ceremony a reception was held at the home of the bride's parents in Calgary, Sgt. and Mrs. Evans left later for Edmonton, where they will make their home.

\$175 in Treasury Jr. Hospital Auxiliary

An election of officers for the coming fiscal year was held at the meeting of the Junior Hospital Auxiliary, in the Board of Trade rooms on Tuesday evening.

Following the routine business with Mrs. C. Fox, President, in the chair, a discussion was held as to the purpose the Auxiliary funds could best serve. It was announced that there is \$175 in the treasury and in pre-war times this money would be used for the purchasing of equipment for the hospital, but owing to restrictions, equipment is becoming difficult to secure and so it was decided to assist in some other way.

Miss McVicar, matron of the Vernon Jubilee Hospital, who attended the meeting, indicated that the hospital appreciated the help given by the Auxiliary, but she said that she could suggest no way in which the money could be used without careful consideration. A committee was selected to consult with Miss McVicar on this subject and a report will be made by them at the next Auxiliary meeting.

The election of officers resulted as follows: President, Mrs. C. Fox; Secretary, Mrs. J. M. McPherson; Treasurer, Mrs. N. S. Sorenson; and a resolution for the coming year. Vice-President is Mrs. A. L. Macdonald, and Vice-President, Mrs. C. P. Riddell, Mrs. C. Dick, Mrs. P. Simmons, Mrs. W. C. Malheur, Mrs. B. Edmonds, and Mrs. Larry Morris form the executive committee.

Most interesting is the adoption of a small boy who is a patient at the Queen Alexandra Solarium, who receives small gifts and tokens from members throughout the year. A donation had been sent to the Mobile Canteen Fund, also local financial help to the family of a sick child. A total of 92 pounds of jam had been shipped overseas, as well as Red Cross sewing and knitting undertaken. Mrs. C. G. Rees and Mrs. W. H. Mills had made the entire output of jam in their homes.

Mrs. J. Love reported 10 quilts and 800 garments of renovated or made-over clothing had been included in "Bundles for Britain." Parcels had been sent during the year to sick and shut-ins, and 11 for Christmas Cheer.

Mrs. Levett, correspondence secretary for Ceiling Prices, gave a brief report. Mrs. B. F. Young, Institute representative on the Hospital Board, in her resume of activities, showed an increase from 92 to 280 families taking advantage of Hospital Insurance, also that a new part had been added to the X-ray machine, and improvement to buildings and grounds.

Mrs. Mills, in the President's report, mentioned the rural districts for co-operation in donating fruits for the jam.

During the election of officers, Mrs. R. Crozier acted as chairman, and Mrs. R. J. Love, secretary. Mrs. Young and Mrs. Levett were scrutineers. Directors elected were Mrs. Love, Mrs. Rees, Mrs. Levett and Miss Ball. Mrs. Young was re-elected representative in the Hospital Board, and Miss Ball, convener of the quilt committee. Miss M. Townsend was again chosen publicity convener.

The next meeting will be held on Wednesday afternoon, January 27.

Mrs. Urquhart said that she had explored all sources of information relative to protecting the landlord in exceptional cases. If circumstances warrant it, the W.P.T.B. act as intermediary, she stated, referring to the supposition that when once strangers had been admitted into the home "you were stuck with them" for a period, no matter how uncongenial they might be, which from this area prove to be. The W.P.T.B. are prepared to answer all queries as to the status of landlords, said Mrs. Urquhart, in which members of the newly formed committee concurred.

Miss Alice Stevens lent the list of zone which contain names of "z" householders, used during various campaigns.

She's a Success—in Peace and War



Frankie Whitton, famed English photograph model, pretenses rifle fire amid London's ruins. One of the first to join the Women's Home Defence Corps, she is an expert shot, and drove an ambulance during the London blitz. She holds the rank of sergeant.

SAFeway Homemakers' Guide

GUARANTEED FRESH PRODUCE

ORANGES Sunkist 3 lbs. for 27c

GRAPEFRUIT, Texas 2 lbs. for 21c

LEMONS, Juicy 1b. 15c

CELERY, Utah, 1b. 19c

CAULIFLOWER, 1b. 19c

CARROTS, New, 2 lbs. 23c

LETTUCE, Firm, Crisp 1bs. 18c

APPLES Wagners 7 lbs. 25c

SAFeway MEATS

SMOKED FILLETS 1b. 29c

KIPPERED HERRINGS 2 Lbs. 35c

FRESH HERRINGS 2 Lbs. 25c

COD STEAKS 1b. 25c

COD FILLETS 1b. 29c

ROASTING CHICKENS 1b. 32c

CHEESE, MILD Armstrong 1b. 29c

Penny Savers

Quaker Oats—Non Premium, lge. pkg. 19c

Bran Flakes—Post's 2 pkgs. for 21c

Corn Starch—Canada Pkg. 11c

Tissue—Purex 3 rolls for 21c

Soap—Camay 2 bars for 11c

Ivory Snow—Pkg. 23c

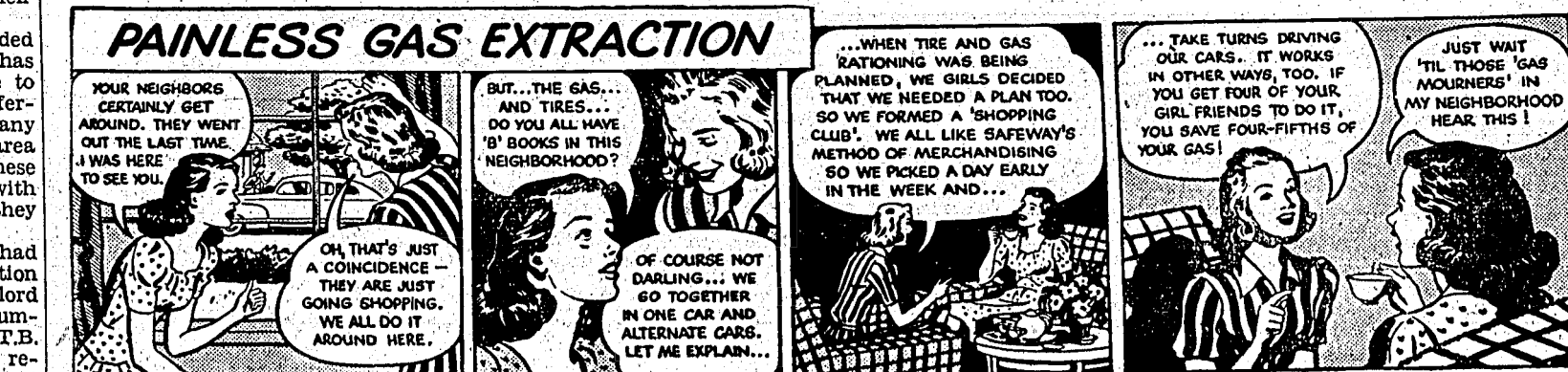
Post Toasties—3 pkgs. 25c

Flour, Kitchen Craft 7-lb. Sack, each 24c

Eggs, "A" large in Carton—Doz. 43c

Prices effective Friday, January 8th to Thursday, January 14th

PAINLESS GAS EXTRACTION



YOUR NEIGHBORS CERTAINLY GET AROUND. THEY WENT OUT IN THE WINTER. I WAS HERE TO SEE YOU.

BUT...THE GAS...AND TIRES...DO YOU ALL HAVE 'B' BOOKS IN THIS NEIGHBORHOOD?

OH, THAT'S JUST A COINCIDENCE. THEY ARE JUST GOING SHOPPING. WE ALL DO IT AROUND HERE.

OF COURSE NOT DARING... WE GO TOGETHER IN ONE CAR AND ALTERNATE CARS. LET ME EXPLAIN...

...WHEN TIRE AND GAS RATIONING WAS BEING PLANNED, WE GIRLS DECIDED THAT WE NEEDED A PLAN TOO. SO WE FORMED A "SHOPPING CLUB". WE ALL LIKE SAFEWAY'S METHOD OF MERCHANDISING SO WE PICKED A DAY EARLY IN THE WEEK AND...

...TAKE TURNS DRIVING OUR CARS. IT WORKS IN OTHER WAYS, BUT IF YOU GET FOUR OF YOUR GIRL FRIENDS TO DO IT, YOU HAVE FOUR-FIFTHS OF YOUR GAS!

JUST WAIT 'TIL THOSE 'GAS MOURNERS' IN MY NEIGHBORHOOD HEAR THIS!

Hostess House Scene Of Wedding Reception

Ceremony Unites Miss Estella Bruce And Pte. Melvin Hunter at T. C. Chapel

The first official function for which the Y.W.O.A. Hostess House is primarily intended, was a happy occasion on Sunday afternoon, January 10, when a reception following a military wedding was held there. The ceremony was performed by Capt. the Rev. Terry Hart, Protestant Chaplain of the Military Area in St. George's Chapel, adjacent to the Training Centre, who united Estella Bruce, of Woodsworth, Saskatchewan, to Pte. Melvin Hunter, of the "Light" Infantry.

The bride chose a rose dress, complemented by a black off-the-face hat with veil. Her accessories were black, and she wore a corsage of carnations. The couple were attended by Pte. and Mrs. K. C. Dube, the latter frocked in a tailored dress of blue with matching hat and small veil, and a corsage, also of carnations.

A reception was held at the Hostess House following the nuptials, which had been attractively decorated by Miss Clarke and Mrs. McQueen, for the occasion. The archedway between the lounge and living room had been decorated in pink and blue, interspersed with wedding bells.

Centering the bride's table was a wedding cake embedded in white tulle, flanked by red roses. Presiding at the urn was Mrs. Frank Boyne, of this city, and Capt. Hart proposed the toast to the bride.

Among the guests were Mrs. C. Hubbard, Mrs. P. H. Hurlburt, Miss Hilda Pryor, Mrs. Nancy Jermyn, Pte. J. N. Forsythe and Pte. R. G. Stoinko.

Private and Mrs. Hunter will reside in Vernon.

I.O.D.E. Guide Coy. Stage Winter Party

Seventeen leaders and seconders of the Vernon I.O.D.E. Girl Guide Company met in the cafeteria of the Vernon High School, last Thursday, for a winter party.

With arrangements carried out by Miss Hilary Menzies, Captain of the Girl Guides, the first part of the evening was spent in a sleigh ride, the team being driven by Sandy Skinner. Following the ride the girls returned to the school cafeteria where they had refreshments and games.

Guest of honor at the party was Mrs. E. M. R. Xerburgh, former leader of the Vernon Company.

Fiery, Itching Skin Gets Quick Relief

Here is a clean stainless penetrating antiseptic that will bring you speedy relief from the itching and distress of Eczema, Itching Toes and Feet, Rashes and skin troubles. Not only does this healing antiseptic oil promote rapid and healthy healing in open sores and wounds, but burns and simple ulcers are also quickly relieved. In skin afflictions the itching of Eczema is quickly stopped; the eruptions dry up and scold off in a very few days. The same is true of Barber's Itch, Salt Rheum and other skin eruptions.

You can obtain Moone's Emerald Oil at Vernon Drug Co. or any modern drug store.

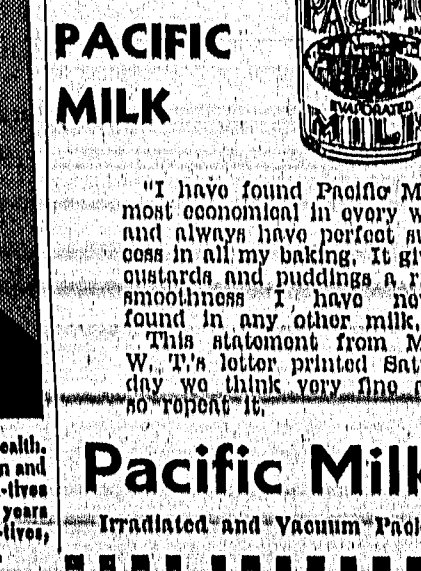
O.K. Landing Residents Entertained in Vernon

OKANAGAN LANDING, B.C., Jan. 12.—Mrs. C. A. Hayden and Mrs. P. E. Finlayson, entertained about 12 ladies from the Landing, last Friday, at a tea at Mrs. Hayden's home in Vernon.

Ozell Brooks, son of Major and Mrs. Allan Brooks, left on Saturday for North Vancouver, where he attends school. Ozell had spent three weeks with his parents here.

"Build B.C. Payrolls"

SAID OF PACIFIC MILK



"I have found Pacific Milk most economical in every way and always have perfect success in all my baking. It gives creaminess and puddings a rich smoothness. I have never found in any other milk."

This statement from Mrs. W. T. A. later printed Saturday we report very fine and no report it.

Pacific Milk

Irradiated and Vacuum Packaged

Quality



Just for those who know meats

At this market we please those who know meats and insist on the best. You'll always find the finest cuts of meats in our refrigerators. Modest prices, too. Prompt, free deliveries.

Specials This Week

Sausageslb. 20c

Fresh Hamburger lb. 20c

Brisket of Beef—Lb.15c to 18c

Picnic Hamlb. 26c

Cottage Rollslb. 38c

Devon Baconlb. 35c

PIONEER Meat Market

PHONE 670

